

ACTUAL SIZE



CODE 2311 V1

Manufactured by NOW FOODS
395 S. Glen Ellyn Rd., Bloomington, IL 60108
Made in the U.S.A. www.nowfoods.com

Store in a cool, dry place. Please Recycle.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

in emulsifying fats, enabling them to be dispersed in water.*

They are also rich in Phosphatidyl Choline, which comprises a major

portion of our brain and nervous system. In addition, Sunflower

Lecithin is naturally rich in Phosphatidyl Inositol, Phosphatidyl

Ethanolamine, and is a source of essential fatty acids. Lecithin aids

with NOW® L-Carnitine, Omega-3 Fish Oil and CoQ10.

SUGGESTED USAGE: As a dietary supplement, take 2-3 soft-

gels daily with food. Consider taking this product in combination

with NOW® L-Carnitine, Omega-3 Fish Oil and CoQ10.

NOW® Sunflower Lecithin Softgels are Non-GMO and Soy-Free.

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Sunflower Lecithin

NERVOUS SYSTEM SUPPORT*

1200 mg

- Soy-Free, Non-GMO
 - Rich in Phosphatidyl Choline
- 100 Softgels**

A Dietary Supplement



Supplement Facts

Serving Size 3 Softgels Servings Per Container 33

	Amount Per Serving	% Daily Value
Calories	30	
Calories from Fat	20	
Total Fat	2 g	3%*
Saturated Fat	0 g	0%*
Trans Fat	0 g	†
Polyunsaturated Fat	2 g	†
Sunflower Lecithin	3.6 g (3,600 mg)	†

* Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.

Other ingredients: Softgel Capsule (gelatin, glycerin, water).

Contains no sugar, salt, starch, yeast, wheat, gluten, corn, soy, milk, egg, shellfish or preservatives.

Typical Profile of naturally occurring nutrients (per serving)**

Phosphatidyl Choline	630 mg
Phosphatidyl Inositol	430 mg
Phosphatidyl Ethanolamine	235 mg

** per ingredient nutritional profile