

CODE 0215

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www.nowfoods.com

Made in the U.S.A.

Manufactured by NOW FOODS, BLOOMINGDALE, IL 60108

***These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.**

GABA (gamma aminobutyric acid) is a non-essential amino acid

found mainly in the human brain and eyes. It is considered an inhibitory neurotransmitter, which means it regulates brain and nerve cell activity by inhibiting the number of neurons firing in the brain. GABA is referred to as the "brain's natural calming agent". By inhibiting over-stimulation of the brain, GABA may help promote relaxation and ease nervous tension.* NOW provides only the naturally occurring L-form as found in food and in the body.

Taurine, Relora® and Magnesium.

SUGGESTED USAGE: As a dietary supplement, take 1/4 level teaspoon one or more times daily as needed, preferably on an empty stomach. Consider taking this product in combination with NOW®

NATURAL CALMING EFFECT

100% Pure Powder

- Promotes Relaxation
- Eases Nervous Tension*

Net Wt. 6 oz. (170 g)

**A Dietary Supplement
Vegetarian Product**



GABA

Supplement Facts

Serving Size 1/4 Level Teaspoon (500 mg)
Servings Per Container 340

Amount Per Serving

GABA 500 mg*

* Daily Value not established.

Other ingredients: None.

Contains no sugar, salt, starch, yeast, wheat, gluten, corn, soy, milk, egg, shellfish or preservatives.

Vegetarian/Vegan Product.

Do Not Eat Freshness Packet. Keep in Bottle.

Store in a cool, dry place. Please Recycle.

This product is sold by weight not volume.