

ESSENTIAL FATTY ACIDS

ULTRA OILS

90 Softgels
Dietary Supplement



Do not accept if seal is broken. Product No. 4510
Store between 59°-86° F. Keep out of the reach of children.

The unique fatty acids found in Ultra Oils help maintain healthy digestive, cardiovascular, immune and glandular systems.***

*** This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Our Ultra Oils are produced using an expeller cold pressed process with a temperature under 100° F., which protects these delicate oils.



Manufactured by: Country Life
101 Corporate Drive, Hauppauge, NY 11788
www.countrylifevitamins.com

Lot No:

Best by:



Directions: Adults take one (1) softgel daily. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 softgel

Amount Per Serving	% Daily Value
Calories 10	
Calories from Fat 10	
Total Fat 1 g.....	<2%*
Vitamin E (as d-alpha tocopherol).....	50 IU..... 167%
alpha-Linolenic Acid (omega-3) (from flaxseed, pumpkin seed and black currant seed oils).....	350 mg..... **
Linoleic Acid (omega-6) (from pumpkin seed and black currant seed oils).....	300 mg..... **
Oleic Acid (from pumpkin seed oil).....	250 mg..... **
gamma-Linolenic Acid (from borage seed and black currant seed oils).....	20 mg..... **
Rosemary Oil (leaf).....	10 mg..... **

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Gelatin, glycerin, purified water (capsule shell). Contains soy.

WARNING: Not to be used during pregnancy. If you are nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

NO: Yeast, corn, wheat, gluten, milk, salt, sugar, starch, preservatives or artificial color.