

TABLET SIZE



Made in the USA

CODE 0169

V2

Caution: For adults only. Consult physician if pregnant/nursing, taking medication (especially anti-depressant medications such as SSRI's or MAOI's), or have a medical condition. May cause drowsiness. Keep out of reach of children. Do Not Eat Freshness Packet. Keep in Bottle.

SUGGESTED USAGE: As a dietary supplement, take 1 tablet 1 to 3 times daily on an empty stomach or as directed by your physician. Best used at bedtime. Consider taking these other NOW® products: Inositol and Magnesium.

L-Tryptophan is an essential amino acid important in human nutrition for the synthesis of melatonin and serotonin, hormones regulating mood and stress response. L-Tryptophan helps support relaxation, sleep, positive mood and immune function.* As an essential amino acid, it is not synthesized by the body and must be obtained from the diet. NOW® L-Tryptophan is pharmaceutically pure - every lot is tested to be free of Peak E and microbial contamination.



Double Strength L-Tryptophan

SUPPORTS RELAXATION

1000 mg

- Fast-Acting Disintegration
- Encourages Positive Mood
- Promotes Restful Sleep*

**PHARMACEUTICAL
GRADE**

60 Tablets

A Dietary Supplement
Vegetarian/Vegan



Supplement Facts

Serving Size 1 Tablet

Amount Per Serving

L-Tryptophan (Free-Form)	1 g (1,000 mg)*
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* Daily Value not established.

Other ingredients: Cellulose, Stearic Acid (vegetable source), Croscarmellose Sodium, Magnesium Stearate (vegetable source), Silica and Vegetarian Coating.

Manufactured by NOW FOODS

395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA

For more product information visit www.nowfoods.com/0169

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

NOW® L-Tryptophan is Pharmaceutical Grade.

NOW® Double Strength L-Tryptophan has twice the L-Tryptophan (1000 mg per tablet) as in our regular strength product (500 mg per capsule).

Store in a cool, dry place after opening. Please Recycle.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.