

Postpartum Omega Mom®

The ingredients in Postpartum Omega Mom® include a combination of Omega 3 fatty acids and minerals that help to provide...

- Omega 3s for Immune Support***
- Calcium for Bone Support***
- DHA for Postpartum Support***

Postpartum Omega Mom® is ideal for new mothers who are concerned for their health. The unique formula delivers important nutrients for postpartum women.***

Supportive but not conclusive research shows that consumption of EPA and DHA Omega-3 fatty acids may reduce the risk of coronary heart disease. See nutrition information for total fat content.

*** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Do not accept if seal is broken. Product No. 4107
Store between 59°-86° F. Keep out of the reach of children.

WARNING: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor. **NO:** Artificial flavor, yeast, corn, wheat, gluten, milk, salt, sugar, nut products or preservatives.

Lot No:

Best by:



Postpartum OMEGA Mom®

The First Omega 3 Product Specifically
Designed for Postpartum Women
Gluten-Free

2 SOFTGELS PROVIDE:



Fish
Oil
Concentrate



Borage
Seed Oil
(Non-GMO)

500 mg of Omega-3 Fatty Acids per Serving
DHA for Postpartum Support***



Directions: Adults, take two (2) softgels per day. For best utilization, take with food. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 2 softgels
Servings Per Container 45

Amount Per Serving	% Daily Value
Calories 15	
Calories from Fat 15	
Total Fat 1.5 g	2%*
Polyunsaturated Fat 1 g	**
Calcium (from 600 mg tribasic calcium phosphate)	204 mg 20%
Phosphorus (from 600 mg tribasic calcium phosphate)	114 mg 11%
Proprietary Blend:	1,600 mg (1.6 g)
Fish Oil Concentrate (from anchovy, sardine, mackerel, herring, salmon, tuna)	**
Shark Liver Oil (26% alkylglycerols)	**
Borage Seed Oil	**
providing:	
Docosahexaenoic Acid (DHA)(Omega 3)(from fish oil concentrate)	400 mg **
(anchovy, sardine, mackerel, herring, salmon, tuna)	
Eicosapentaenoic Acid (EPA)(Omega 3)(from fish oil concentrate)	100 mg **
(from anchovy, sardine, mackerel, herring, salmon, tuna)	
gamma-Linolenic Acid (GLA)(Omega 6)(from borage seed oil)	80 mg **
typically providing:	
Linoleic Acid (Omega 6)(from borage seed oil)	130 mg **
Oleic Acid (Omega 9)(from borage seed oil)	56 mg **

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Gelatin, glycerin, purified/deionized water, carob color (capsule shell), beeswax, soy lecithin. Contains soy and fish (anchovy, sardine, mackerel, herring, salmon, tuna).

100% bovine gelatin, BSE-free.

Manufactured for Country Life, LLC
180 Vanderbilt Motor Parkway, • Hauppauge, NY 11788
CountryLifeVitamins.com

Dietary Supplement

90 Softgels