

Ultra Concentrated Omega™ 3•6•9

Research with Omega-3 fatty acid supplementation has shown promise in a number of areas including:

- Cardiovascular Health***
- Skin Health***
- Brain Health***
- Immune System Health***

Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease. See nutrition information for total fat, saturated fat, and cholesterol content.

Do not accept if seal is broken. Product No. 4100

Store between 59°-86° F. Keep out of the reach of children.

WARNING: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

NO: Artificial color or flavor, wheat, corn, gluten, sodium, sugar, lactose, yeast, starch, nut products, or preservatives.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot No:

Best by:



07/11/L

Ultra Concentrated OMEGA™ 3•6•9

1,534 mg of Omega 3 6 9 Fatty Acids per serving
Gluten-Free

2 SOFTGELS PROVIDE:


Fish Oil Concentrate
800 mg


Borage Seed Oil (Non-GMO)
800 mg


Flax Seed Oil (Non-GMO)
800 mg

Helps Support:

- Cardiovascular Health***
- Skin Health***
- Brain Health***
- Immune System Health***



Directions: Adults take two (2) or more softgels per day. For best utilization, take with food. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 2 softgels
Servings Per Container 45

Amount Per Serving	% Daily Value
Calories 25	
Calories from Fat 25	
Total Fat 2.5 g	4%
Saturated Fat 0.5 g	1%
Monounsaturated Fat 0.5 g	
Polyunsaturated Fat 1.5 g	
Cholesterol 0 mg	0%
Protein 0.5 g	1%
Vitamin E (as mixed tocopherols)	20 IU 67%
Fish Oil Concentrate	800 mg **
(anchovy, sardine, mackerel, herring, salmon, tuna)	
providing:	
Eicosapentaenoic Acid (EPA) (Omega 3)	240 mg **
Docosahexaenoic Acid (DHA) (Omega 3)	160 mg **
Borage Seed Oil	800 mg **
providing:	
gamma Linolenic Acid (GLA) (Omega 6)	152 mg **
typically providing:	
Linoleic Acid (Omega 6)	270 mg **
Oleic Acid (Omega 9)	109 mg **
Flax Seed Oil	800 mg **
providing:	
alpha-Linolenic Acid (ALA) (Omega 3)	424 mg **
typically providing:	
Linoleic Acid (Omega 6)	100 mg **
Oleic Acid (Omega 9)	79 mg **

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Gelatin, glycerin, purified water (capsule shell).
Contains soy and fish (anchovy, sardine, mackerel, herring, salmon, tuna).
100% bovine gelatin, BSE-free.

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Dietary Supplement

90 Softgels