

ACTUAL SIZE

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CODE 0122 V2

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Ornithine is a non-essential amino acid that plays a central role in the urea cycle, functioning along with Arginine and Citrulline to rid the body of ammonia, a byproduct of protein metabolism. Because Ornithine is converted into Arginine, it can help to maintain healthy Arginine levels in the body. Ornithine can also be converted into other amino acids, such as citrulline, proline, and glutamate, as well as creatine, an important muscular energy source.*

SUGGESTED USAGE: As a dietary supplement, take 3 capsules with juice or water on an empty stomach before exercise and at bedtime. Consider taking this product in combination with NOW® L-Arginine, L-Citrulline and B-6.



L-Ornithine

FITNESS AMINO ACID

500 mg

• Healthy Protein Metabolism*

120 Capsules

A Dietary Supplement



Supplement Facts

Serving Size 3 Capsules
Servings Per Container 40

Amount Per Serving	
L-Ornithine	1.5 g (1,500 mg)*
(from L-Ornithine Hydrochloride)	

* Daily Value not established.

Other ingredients: Gelatin (capsule), Rice Flour and Magnesium Stearate (vegetable source).

Manufactured by NOW FOODS

395 S. Glen Ellyn Rd., Bloomingdale, IL 60108

Made in the U.S.A. www.nowfoods.com

Contains no sugar, salt, yeast, wheat, gluten, corn, soy, milk, egg, shellfish or preservatives.

Do Not Eat Freshness Packet. Keep in Bottle.

Store in a cool, dry place. Please Recycle.