

1-000-9464-00

Puritan's Pride
Liquid Vitamin D-3 5000 IU
5000 iu / 2 oz. Liquid



Maximum Strength

Fast acting and great tasting, our natural orange flavored Vitamin D (D3) is easy to use and perfect for those who dislike swallowing tablets or capsules. Vitamin D helps support strong bones and teeth by increasing Calcium absorption and also assists in immune system health.**

Helps maintain healthy bones in adults.**

Assists in maintaining a healthy immune system.**

Not intended for children.

2 oz. Liquid
Item #030405

Supplement Facts

Serving Size 1.0 mL

Servings Per Container 59

Amount Per Serving	% Daily Value
Vitamin D	5,000 IU 1,250%
(as D3 Cholecalciferol)	

Directions: For adults, take 0.5 mL (2500 IU) or 1.0 mL (5000 IU) daily, preferably with a meal. Can be mixed in your favorite beverage, or consumed directly from the dropper. See chart for dosage recommendations.
DOSAGE RECOMMENDATIONS
Dosage Amount of Vitamin D 0.5 mL 2500 IU 1.0 mL 5000 IU SHAKE WELL BEFORE USE

Other Ingredients: Sunflower Seed Oil, Natural Orange Flavor, Vegetable Oil.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. NOT INTENDED FOR USE BY CHILDREN. Keep out of reach of children. Store unopened container in a cool, dry place. Refrigerate after opening. Do not use if outer seal is broken or missing.