

Product No. 4612

Do not accept if seal is broken.

Store between 59°-86° F.

Keep out of the reach of children. Shake well before use.

Refrigerate after opening. If not refrigerated, use within 45 days.

Take only as directed. Do not exceed recommended dose.

Dietary fiber is usually supplied by the consumption of various fruits, vegetables, seeds, legumes, and other plant based foods. Fiber is essential for a healthy digestive system.*** Most people do not consume the daily recommended dietary intake of fiber. This liquid fiber formula offers a convenient and delicious way to reach over 50% of your daily requirements in just one serving.***

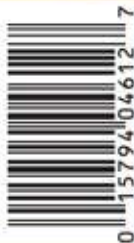
- Essential for digestive health and function***
- Excellent source of fiber
- May help control appetite***

*** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot No:

06011F

Best by:



DIGESTIVE AIDS

Liquid FIBER^x

Delicious
Orange Flavor

14 g Fiber Per Serving
Dietary Supplement
Gluten-Free



Country
Life



Directions: Adults, take one cap (1 fl. oz.) (29.57 mL) daily or as directed by a health care professional. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 fl. oz. (29.57 mL)

Servings Per Container 16

Amount Per Serving	% Daily Value
Calories 60	
Total Carbohydrate 15 g	5%*
Dietary Fiber 14 g	56%*
Sugars <1g	**
Aloe Vera (Inner Fillet)(leaf)	5 mg **

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Purified water, chicory root fiber (inulin), organic acacia, white grape concentrate, apple juice concentrate, natural orange flavors, apple pectin, sodium benzoate (preservative), potassium sorbate (preservative).

WARNING: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor. **NO:** Yeast, corn, wheat, soy, gluten, milk, artificial colors, artificial flavors or artificial sweeteners.



Manufactured for Country Life, LLC
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CountryLifeVitamins.com

16 fl. oz. (1 pint) (473.1 mL)