

SUGGESTED USAGE: Add 1 scoop (42 g) daily to 8 oz. of cold water, milk, or your favorite juice and blend. Also consider adding NOW® Flax Seed Oil for enhanced nutritional benefit. Please note the additional calories and nutrients provided by the above ingredients.

NOW® Whey Protein is a delicious blend of three of the highest quality whey protein concentrates, isolates and hydrolysates from around the world: Ultrafiltered, Cross-Flow Microfiltered and Enzymatically Hydrolyzed (partially predigested). This blend of specially processed whey proteins is designed to maximize amino acid absorption and Biological Value (BV). Extra L-Glutamine has been added (380 mg per serving) because of its important role in protecting muscle tissue from breaking down under stressful, vigorous physical activity.*

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

NOTICE: USE THIS PRODUCT AS A FOOD SUPPLEMENT ONLY. NOT INTENDED AS A MEAL REPLACEMENT.

Whey protein is considered to have the highest Biological Value of any protein source – superior in essential amino acid content to beef, milk casein or soy.

CODE 2178B V4



Whey Protein

No Artificial Ingredients • Mixes Instantly
Ultrafiltered & Cross-Flow Microfiltered
High in Branched Chain Amino Acids
Added Glutamine

Strawberry

Net Wt. 2 lbs. (908 g)

A Dietary Supplement



Supplement Facts

Serving Size 1 Scoop (42 g)
Servings Per Container 21

	Amount Per Serving	% Daily Value
Calories	155	
Calories from Fat	15	
Total Fat	1.5 g	2%*
Saturated Fat	1 g	5%*
Trans Fat	0 g	†
Cholesterol	24 mg	8%
Total Carbohydrate	9 g	3%*
Sugars	7 g	†
Protein	26 g	52%*
Calcium	170 mg	17%
Sodium	73 mg	3%
<i>Stevia rebaudiana</i> Extract (Leaf)	97 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

INGREDIENTS: Whey Protein Blend [Ultrafiltered Whey Protein Concentrate (providing β -lactoglobulin, α -lactalbumin, immunoglobulins and Serum Albumin), Cross-Flow Microfiltered Whey Protein Isolate (providing β -lactoglobulin, α -lactalbumin, immunoglobulins and Glycomacro Peptides) and Enzymatically Hydrolyzed Whey Protein Concentrate], Fructose, Natural Flavors, Xanthan Gum, Free-Form L-Glutamine, Natural Color and *Stevia rebaudiana* Herbal Extract. Contains milk and soy derivatives.

Manufactured by NOW FOODS
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108
Made in the U.S.A. www.nowfoods.com

Contains no salt, yeast, wheat, gluten, egg, shellfish or preservatives.

Since 1968, NOW has earned a valued reputation for producing quality products at reasonable prices. Our Quality Assurance and Quality Control teams of certified nutritionists, chemists and technicians thoroughly evaluate all products, processes, packaging and sources. Our responsibility and pledge is to honestly and accurately label quality products that are fresh, potent and effective.

This product is sold by weight not volume.

Store in a cool, dry place. Please Recycle

Typical Amino Acid Profile

Essential Amino Acids	mg Per 42 g Serving
L-Isoleucine	1709
L-Leucine	2973
L-Lysine	2248
L-Methionine	607
L-Phenylalanine	887
L-Threonine	2062
L-Tryptophan	458
L-Valine	1630

Non-Essential Amino Acids

L-Alanine	1357
L-Arginine	930
L-Aspartic Acid	3088
L-Cysteine	716
L-Glutamic Acid	5022
L-Glutamine	380
L-Glycine	592
L-Histidine	518
L-Proline	2199
L-Serine	1544
L-Tyrosine	919
Total	29,839 mg