

SUGGESTED USAGE: Add 1 scoop (42 g) daily to 8 oz. of cold water, milk, or your favorite juice and blend. Also consider adding NOW® Flax Seed Oil for enhanced nutritional benefit. Please note the additional calories and nutrients provided by the above ingredients.

NOW® Whey Protein is a delicious blend of three of the highest quality whey protein concentrates and isolates from around the world: Micro-Filtered, Ion-Exchanged and Enzymatically Hydrolyzed (partially predigested). This blend of specially processed whey proteins is designed to maximize amino acid absorption and Biological Value (BV). Extra L-Glutamine has been added (830 mg per serving) because of its important role in protecting muscle tissue from breaking down under stressful, vigorous physical activity.*

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

NOTICE: USE THIS PRODUCT AS A FOOD SUPPLEMENT ONLY. NOT INTENDED AS A MEAL REPLACEMENT.

CODE 2175B V6



SPORTS PREMIUM Whey Protein

Enhanced Formula with Higher Isolate Content
Microfiltered • Ion-Exchanged
High in Branched Chain Amino Acids
Added Glutamine



Natural Vanilla

Net Wt. 2 lbs. (908 g)



A Dietary Supplement

Supplement Facts

Serving Size 1 Scoop (42 g)
Servings Per Container 21

	Amount Per Serving	% Daily Value
Calories	165	
Calories from Fat	15	
Total Fat	1.5 g	2%*
Saturated Fat	0.8 g	4%*
Trans Fat	0 g	†
Cholesterol	4 mg	1%
Total Carbohydrate	9 g	3%*
Sugars	9 g	†
Protein	30 g	60%*
Calcium	90 mg	9%
Sodium	100 mg	4%
Potassium	128 mg	4%
Stevia rebaudiana Extract (Leaf)	93 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

INGREDIENTS: Whey Protein Blend [Micro-Filtered Whey Protein Concentrate (providing β -lactoglobulin, α -lactalbumin, Immunoglobulins and Serum Albumin), Ion-Exchanged Whey Protein Isolate (providing β -lactoglobulin, α -lactalbumin, Immunoglobulins and Glycomacro Peptides) and Enzymatically Hydrolyzed Whey Protein Concentrate] (milk), Fructose, Natural Flavor, Free-Form L-Glutamine, Xanthan Gum, Stevia rebaudiana Herbal Extract and Soy Lecithin (< 1%). Contains milk and soy derivatives.

Manufactured by NOW FOODS
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108
Made in the U.S.A. www.nowfoods.com

Whey protein is considered to have the highest Biological Value of any protein source – superior in essential amino acid content to beef, milk, casein or soy.

Contains no salt, yeast, wheat, gluten, egg, shellfish or preservatives.

This product is sold by weight not volume.

Store in a cool, dry place. Please Recycle.

Typical Amino Acid Profile

Essential Amino Acids	mg Per 42 g Serving
L-Isoleucine	1712
L-Leucine	3120
L-Lysine	2600
L-Methionine	734
L-Phenylalanine	885
L-Threonine	1914
L-Tryptophan	455
L-Valine	1529

Non-Essential Amino Acids

L-Alanine	1442
L-Arginine	762
L-Aspartic Acid	2969
L-Cysteine	629
L-Glutamic Acid	5400
L-Glutamine	830
L-Glycine	497
L-Histidine	450
L-Proline	1725
L-Serine	1389
L-Tyrosine	875
Total	29,917 mg