

SUGGESTED USAGE: Mix or blend 1 level scoop (28 g) daily into 4 to 8 oz. of cold water, milk or your favorite juice. Also consider adding NOW® Flax Seed Oil for enhanced nutritional benefit. Please note the additional calories and nutrients provided by the above ingredients.

NOW® Whey Protein Isolate is a high quality protein supplement that is both bioavailable and easily digested. Whey protein contains a high concentration of Branched Chain Amino Acids (BCAA's), which are important for efficient muscle metabolism.* These qualities make NOW® Whey Protein Isolate an ideal supplement for active individuals.

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

NOTICE: USE THIS PRODUCT AS A FOOD SUPPLEMENT ONLY. NOT INTENDED AS A MEAL REPLACEMENT.

CODE 2172B 



Whey Protein Isolate

100% Pure

Mixes Instantly • Microfiltered
High in Branched Chain Amino Acids

Natural Unflavored

Net Wt. 1.2 lbs. (544 g)

A Dietary Supplement

Supplement Facts

Serving Size 1 Scoop (28 g)

Servings Per Container 19

	Amount Per Serving	% Daily Value
Calories	105	
Total Fat	0.3 g	< 1%*
Trans Fat	0 g	†
Cholesterol	4 mg	1%
Total Carbohydrate	1 g	< 1%*
Sugars	1 g	†
Protein	25 g	50%*
Calcium	125 mg	13%
Phosphorous	70 mg	7%
Magnesium	22 mg	6%
Sodium	40 mg	2%
Potassium	168 mg	5%

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

INGREDIENTS: Microfiltered Whey Protein Isolate (milk) (providing β -lactoglobulin, α -lactalbumin, Immunoglobulins and Glycomacro Peptides) and Soy Lecithin (< 1%).

Manufactured by NOW FOODS
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108
Made in the U.S.A. www.nowfoods.com

Contains no sugar, salt, starch, yeast, wheat, gluten, corn, egg, shellfish or preservatives.

Whey protein is considered to have the highest Biological Value of any protein source – superior in essential amino acid content to beef, milk, casein or soy.

Store in a cool, dry place. Please Recycle.

This product is sold by weight not volume.

Typical Amino Acid Profile

Essential Amino Acids	mg Per 28 g Serving
L-Isoleucine	1568
L-Leucine	2867
L-Lysine	2716
L-Methionine	473
L-Phenylalanine	722
L-Threonine	2215
L-Tryptophan	529
L-Valine	1646
Non-Essential Amino Acids	
L-Alanine	1344
L-Arginine	498
L-Aspartic Acid	2845
L-Cysteine	585
L-Glutamic Acid	5407
L-Glycine	398
L-Histidine	367
L-Proline	1607
L-Serine	1378
L-Tyrosine	750
Total	27,915 mg