See bottle for "Lot No." and "Best by" da Manufactured for Country Life, LLC 180 Vanderbilt Motor Parkway Hauppauge, NY 11788 CountryLifeVitamins.com











Directions: Adults, give child one (1) teaspoon (5 mL)(0.16 fl. oz.) once per day as a multivitamin and mineral supplement. It may be taken directly or mixed with fruit juice, cereal or with food. Not recommended for children under two years of age. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you and your children take with your health care providers.

Supplement Facts

Serving Size 1 teaspoon (5 mL)(0.16 fl. oz.) Servings Per Container About 48

Amount Per Serving	% Daily Value for % Daily Value for Children Under 4Yrs Children 4Yrs & Up
Calories	15
Total Carbohydrate	3 g ** 1%*
Sugars	2 g ** **
Vitamin A (as retinyl palmitate, beta carotene)	1,106 I.U 44% 22%
Vitamin C (as calcium ascorbate)	35 mg 88% 59%
Vitamin D (D ₃) (as cholecalciferol)	176 I.U 44% 44%
Vitamin E (as d-alpha tocopherol)	4.4 I.U 44% 15%
Thiamin (vitamin B1)(as thiamine hydrochloride)	0.3 mg 43% 20%
Riboflavin (vitamin B2) (as riboflavin)	0.35 mg 44% 21%
Niacin (vitamin B3)(as niacinamide)	3.9 mg 43% 20%
Vitamin B6 (as pyridoxine hydrochloride)	0.3 mg 43% 15%
Folic Acid	88 mcg 44% 22%
Vitamin B12 (as cyanocobalamin)	1.76 mcg 59% 29%
Biotin (as d-Biotin)	45 mcg 30% 15%
Pantothenic Acid (as d-calcium pantothenate)	1.7 mg 34% 17%
Calcium (as tricalcium phosphate)†	13 mg 2% 1%
lodine (as potassium iodide)†	50 mcg 71% 33%
Magnesium (as magnesium citrate)†	6.5 mg 3% 2%
Zinc (as zinc gluconate)†	5 mg 63% 33%
Selenium (as L-selenomethionine)†	17.6 mcg ** 25%
Copper (as copper gluconate)†	0.088 mg 9% 4%
Manganese (as manganese gluconate)†	0.88 mg ** 44%
Chromium (as chromium amino acid chelate)†	44 mcg ** 37%
Potassium (as potassium citrate)†	25 mg ** 1%
Choline (as choline bitartrate)	15 mg ** **
Inositol	

^{*} Percent Daily Values are based on a 2,000 calorie diet. ** Daily Value not established

Other Ingredients: Purified water, vegetable glycerin, mixed fruit concentrate (pear, peach, pineapple), red grape concentrate, blueberry concentrate, natural mixed berry flavor, natural blueberry flavor, xanthan gum, citric acid, [sodium benzoate and potassium sorbate (preservative)].

Do not accept if seal is broken. Product No. 8047 Store between 59°-86° F. Keep out of the reach of children. Shake well before use. Refrigerate after opening. If not refrigerated, use within 45 days. Not recommended for children under two years of age.

It's a great way for parents to provide the daily nutrition that is so vital to growing children! Liquid **Dolphin Pals™ provides essential** vitamins and minerals.

- Multivitamins & Minerals
- No Artificial Flavors
- Complete B Vitamin Profile

WARNING: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

NO: Yeast, wheat, soy, gluten, milk, egg, artificial flavors or salicylates.

Natural Flavors

† Country Life always labels minerals in elemental weight.

Color variations in product due to natural fruit concentrate.

