

IN A SPECIAL BASE WHICH PROVIDES FOR THE GRADUAL RELEASE OF INGREDIENTS OVER A PROLONGED PERIOD OF TIME.

Free from artificial colors and preservatives.

DIRECTIONS: As a dietary supplement, two tablets once daily.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

Manufactured with LOVE ♥ by
Natural Organics Laboratories, Inc.,
makers of **Nature's Plus**
9500 New Horizons Blvd.
Amityville, New York 11701, USA
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OptMSM®

Optimal Purity. Optimal Health.

PRODUCT NO. 4840



MICRO-GEL SUSTAINED RELEASE SYSTEM

Nature's Plus®

The Energy Supplements®

ULTRA NAILS® Plus

**SUSTAINED RELEASE
DIETARY SUPPLEMENT**

GLUTEN
Free

Yeast Free

with
MSM

60 TABLETS

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 30

	Amount Per Serving	%DV
Vitamin A (as beta carotene)	10,000 IU ...	200%
Vitamin D (as ergocalciferol)	400 IU ...	100%
Riboflavin (vitamin B-2)	50 mg ...	2941%
Folate (as folic acid)	200 mcg ...	50%
Vitamin B-12 (as cyanocobalamin)	100 mcg ...	1667%
Calcium	500 mg ...	50%
(as soy amino acid chelate/complex)		
Iron (as soy amino acid chelate/complex) ...	5 mg ...	28%
Phosphorus (as soy amino acid complex) ...	20 mg ...	2%
Magnesium	25 mg ...	6%
(as soy amino acid chelate/complex)		
Zinc (as soy amino acid chelate)	15 mg ...	100%
MSM (methylsulfonylmethane)	500 mg	†
Aminoplex (amino acid-rich protein complex)	260 mg	†
L-Cysteine (free form amino acid)	100 mg	†
L-Methionine (free form amino acid)	100 mg	†
Glucosamine Sulfate	50 mg	†
(as aminomonosaccharide) (from bovine cartilage, shark cartilage and/or crustacean shell)		

†Daily Value (DV) not established.

Other ingredients: Hydroxypropyl methylcellulose, stearic acid, rice bran, magnesium stearate, silica and pharmaceutical glaze.