

CAPSULE SIZE



Made in the USA

Do Not Eat Freshness Packet. Keep in Bottle.

Caution: For adults only. Consult physician if pregnant/nursing, taking antidepressants or other medication, or have a medical condition. May cause drowsiness. Keep out of reach of children.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

(Griffonia simplicifolia).

NOW® Double Strength 5-HTP has twice the 5-HTP (200 mg per capsule) as in our regular strength product (100 mg per capsule). 5-HTP, the intermediate metabolite between the amino acid L-tryptophan and serotonin, is extracted from the bean of an African plant (*Griffonia simplicifolia*).

Pantothenic Acid.

SUGGESTED USAGE: As a dietary supplement, take 1 capsule daily, preferably on an empty stomach at bedtime. Consider taking these other NOW® products: Valerian Root, Relora® and



Double Strength 5-HTP

NEUROTRANSMITTER SUPPORT

200 mg

- With Glycine, Taurine & Inositol
- Supports Positive Mood*

120 Veg Capsules

A Dietary Supplement
Vegetarian/Vegan



Supplement Facts

Serving Size 1 Veg Capsule

	Amount Per Serving	% Daily Value
Vitamin C (from Ascorbyl Palmitate)	8 mg	13%
Niacin (as Niacinamide) (Vitamin B-3)	20 mg	100%
Vitamin B-6 (from Pyridoxine HCl)	2 mg	100%
5-HTP (5-hydroxytryptophan) (<i>Griffonia simplicifolia</i>) (Seed)	200 mg	†
Glycine	100 mg	†
Taurine	100 mg	†
Inositol	100 mg	†

† Daily Value not established.

Other ingredients: Cellulose (capsule) and Silica.

Manufactured by NOW FOODS

395 S. Glen Elyn Rd., Bloomington, IL 60108, USA

For more product information visit www.nowfoods.com/0111

Store in a cool, dry place after opening. Please Recycle.