

ACTUAL
SIZE

7 33739 00109 2



CODE 0109 VI

Store in a cool, dry place. Please Recycle

Do Not Eat Freshness Packet. Keep in Bottle.

Caution: For adults only. Consult physician if preg-

nant/nursing, taking antidepressant medications or other

medication, or have a medical condition. May cause

drowsiness. Keep out of reach of children.

5-HTP, the intermediate metabolite between the amino

acid L-tryptophan and serotonin, is extracted from the

bean of an African plant (*Griffonia simplicifolia*).

SUGGESTED USAGE: As a dietary supplement, take

1 chewable tablet daily, preferably on an empty stom-

ach at bedtime. Consider taking these other NOW®

products: Valerian Root, Relora® and Pantothenic Acid.

Natural Citrus
Flavor!!

90 Chewables
A Dietary Supplement
Vegetarian Formula

• Supports Positive Mood*

100 mg

NEUROTRANSMITTER SUPPORT

Chewable
5-HTP



Supplement Facts

Serving Size 1 Chewable Tablet

Amount Per Serving

5-HTP (5-hydroxytryptophan)
(*Griffonia simplicifolia*) (Seed) 100 mg*

* Daily Value not established.

Other Ingredients: Xylitol, Sorbitol, Cellulose, Natural Orange Flavor, Stearic Acid (vegetable source), Silica, Natural Lemon Flavor, Citric Acid, Annatto Extract, Natural Lime Flavor and Natural Citrus Flavor.

Manufactured by NOW FOODS, 395 S. Glen Elyn Rd.

Bloomington, IL 60108. Made in the U.S.A. www.nowfoods.com

Contains no salt, yeast, wheat, gluten, soy, milk, egg or shell-
fish.

Vegetarian/Vegan Product.

*These statements have not been evaluated by the FDA.
This product is not intended to diagnose, treat, cure or
prevent any disease.