

Directions: Children four (4) years and older, under adult supervision, chew one (1) wafer daily. As a reminder, discuss the supplements and medications that you and your children take with your health care providers.

Supplement Facts

Serving Size 1 wafer

Amount Per Serving	% Daily Value
Calories 5	
Total Carbohydrate 1 g	<1%*
Sugars 1 g	**
Vitamin A (as retinyl palmitate)	5,000 I.U. 100%
Vitamin C (as ascorbic acid, rose hips)	100 mg 167%
Vitamin D (as ergocalciferol)	400 I.U. 100%
Vitamin E (as d-alpha tocopheryl acid succinate)	30 I.U. 100%
Thiamin (vitamin B-1) (as thiamine mononitrate)	5 mg 333%
Riboflavin (vitamin B-2)	5 mg 294%
Niacin (as niacinamide)	15 mg 75%
Vitamin B-6 (as pyridoxine hydrochloride)	5 mg 250%
Folic Acid	100 mcg 25%
Vitamin B-12 (as cyanocobalamin)	10 mcg 167%
Biotin (as d-biotin)	50 mcg 17%
Pantothenic Acid (as d-calcium pantothenate)	15 mg 150%
Calcium (as calcium citrate, carbonate)†	25 mg 3%
Iron (as ferrous fumarate)†	5 mg 28%
Iodine (as kelp)†	50 mcg 33%
Magnesium (as magnesium citrate, oxide)†	12 mg 3%
Zinc (as zinc citrate)†	2 mg 13%
Selenium (as amino acid chelate)†	5 mcg 7%
Manganese (as manganese citrate)†	1 mg 50%
Potassium (as potassium citrate)†	2 mg <1%
Inositol	10 mg **
PABA (as para-aminobenzoic acid)	5 mg **
Choline (from 10 mg of choline bitartrate)	4.5 mg **
Rutin (from <i>sophorae japonica linn</i>)	1 mg **

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Fructose, stearic acid, orange flavor, glucose, silica, glycine, magnesium stearate, citric acid, pineapple flavor, natural flavors, curcumin (color), citrus bioflavonoids.

Contains soy.

WARNING: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF THE REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

NO: Wheat, gluten, milk, salt or artificial flavor.

Lot No:

Best by:

1119L



Do not accept if seal is broken.

Product No. 8051

Store between 59°-86° F.

Keep out of the reach of children.

† Country Life always labels minerals in elemental weight.



Country Life
101 Corporate Drive
Hauppauge, NY 11788
www.countrylifestvitamins.com

K

Country Life®

Tall Tree

Children's Chewable Multivitamin Complex
100 Wafers
Dietary Supplement

Natural Orange & Pineapple Flavor

Certified GF Gluten-Free

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