ACTUAL SIZE

7 33739 00108 5

CODE 0108B

V3

NOW®

High Potency

5-HTP

NEUROTRANSMITTER SUPPORT

200 mg

- With Glycine, Taurine & Inositol
- Supports Positive Mood*

60 Vcaps®

A Dietary Supplement
Vegetarian Formula

QUALITY GMP ASSURED

SUGGESTED USAGE: As a dietary supplement, take 1 Vcap® daily, preferably on an empty stomach at bedtime. Consider taking this product in combination with NOW® Valerian Root, Relora® and Pantothenic Acid.

Caution: If you are pregnant/lactating or currently taking any antidepressant medications, please consult your healthcare practitioner prior to use. May cause drowsiness.

5-HTP, the intermediate metabolite between the amino acid L-tryptophan and serotonin, is extracted from the bean of an African plant (*Griffonia simplicifolia*).

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Do Not Eat Freshness Packet. Keep in Bottle.

Store in a cool, dry place. Please Recycle.

Supplement Facts

Serving Size 1 Vcap®

	Amount Per Serving	% Daily Value
Niacin (as Niacinamide) (Vitamin B-3)	20 mg	100%
Vitamin B-6 (from Pyridoxine HCl)	2 mg	100%
5-HTP (5-hydroxytryptophan) (*Griffonia simplicifolia*) (Seed)	**200 mg**	†
Glycine	100 mg	†
Taurine	100 mg	†
Inositol	100 mg	†

† Daily Value not established.

Other ingredients: Cellulose (capsule), Ascorbyl Palmitate and Silica.

Manufactured by NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomingdale, IL 60108 Made in the U.S.A. www.nowfoods.com

Contains no sugar, salt, wheat, gluten, soy, milk, egg, shellfish or preservatives.

Vcaps® is a registered trademark of Capsugel. Vegetarian/Vegan Product.