

Suggested Use: As a dietary supplement, Adults take 2 capsules daily with 16 ounces of water, juice or beverage of choice. Do not exceed four (4) capsules daily.

Cautions: Do not exceed recommended dose. Taking this product without adequate fluid may cause it to react and block your throat or esophagus and may cause choking. Avoid taking this product if you have difficulty swallowing, if you experience sleep apnea, vomiting, or difficulty in swallowing or breathing after taking this product, past medical history of stomach, heart and kidney diseases, kidney. This product contains natural ingredients and some herbs. This product is not intended for pregnant or nursing mothers or children under the age of 18. Do not use this product if you have diagnosed pain, diarrhea or loose stools. Do not use this product if you have experienced any adverse effects exceeding the recommended daily dose. Read labeling and/or follow the label directions carefully for use of the product for treatment of a more serious condition. Should this occur, or if you have a known medical condition and are taking medication, consult your physician prior to taking this or any dietary supplement.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Formulated by:
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For tips on testing and diet, please visit our website at
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Lee Hancy's
Nutritional Support Systems

HERBAL LAXATIVE HIGH POTENCY FIBER COMPLEX



Dietary Supplement • 120 Capsules

Supplement Facts

Serving Size 2 Capsules

Amount Per Serving	%Daily Value
Proprietary Blend	1000 mg*
Consisting of: Senna Leaf Extract (9% Sennosides), Psyllium Husk, Cascara Sagrada Extract (10% Cascosides), Flax Seed (50% powder), L-Ascorbates (4 Billion I.U.), Aloe Vera Gel (99% extract), Inositol Fiber (powder) and Capnia 200 (capsules and 1 capsule seed weight).	

*%Daily Value not established.

Other ingredients: Gelatin, vegetable stearate, croscarmellose.

KEEP OUT OF REACH OF CHILDREN.
DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.
STOR IN A COOL, DRY PLACE.

CAUTION: This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and processed shellfish.