

CAPSULE SIZE

Made in the USA



CODE 0107 V2

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Glycine is a non-essential amino acid and has the simplest structure of all amino acids, allowing it to fit easily within protein chains and make space for structurally larger amino acids. This feature makes it very important for specific bodily functions. Glycine is also a precursor of creatine, which is used to construct DNA and RNA. And it supports glycogen storage, thereby making more glucose available for energy production.* The amino acid Glycine is non-chiral and only has one form without a D- or L- designation.

SUGGESTED USAGE: As a dietary supplement, take 1 capsule 1 to 3 times daily. Consider taking these other NOW® products: Whey Protein, L-Cysteine and GLISODIN®.



Glycine

AMINO ACID

1000 mg

- Supports Energy Production
- Important for DNA & RNA*
- Pharmaceutical Grade

100 Capsules

A Dietary Supplement



Supplement Facts

Serving Size 1 Capsule

Amount Per Serving

Glycine (Free-Form) 1 g (1,000 mg)*

* Daily Value not established.

Other ingredients: Gelatin (capsule), Magnesium Stearate (vegetable source) and Silica.

Manufactured by NOW FOODS

395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA

For more product information visit www.nowfoods.com/0107

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

The Glycine used in this product is Pharmaceutical Grade.

Store in a cool, dry place after opening. Please Recycle.