

THE SCIENCE BEHIND FAST FUEL

Use Fast Fuel® to get the energy you need for your workouts and the complete nutritional profile to endure and maximize every training session or competition.

Fast Fuel's proprietary **Energy and Intensity Matrix** immediately activates your body's central nervous system and muscle fibers with a unique blend of pump-intensifying Arginine Alpha-Ketoglutarate and energy-boosting B-vitamins, L-Tyrosine, Taurine and Caffeine. It then mobilizes your body's fat stores to be used for energy BEFORE depleting your muscle's glycogen levels. This process delivers pure energy, burns unwanted fat and greatly increases your training endurance. This intensity-boosting blend will significantly increase your energy levels, mental awareness and focus, while preventing the dreaded end-of-workout crash. During your workout, Fast Fuel's proprietary **Explosive Speed & Power Matrix** fuels your muscle fibers with the optimal ratio of pharmaceutical grade Branch Chain Amino Acids and Creatine Monohydrate that maximize lean muscle growth. The **Max Velocity Optimizer** continues to feed and repair broken down muscle with Carosyn® Beta Alanine, a patented and clinically tested form of the amino acid, and pharmaceutical grade Glutamine, allowing you to train harder for longer. In addition, Fast Fuel's sodium buffer solution minimizes the release of lactic acid into your muscles, reducing muscle fatigue and soreness and supporting the recovery process.

Scan for more info!



DIRECTIONS: Mix one scoop of Fast Fuel® in 8-10oz of water. Take on training days 30 minutes before workout. For maximum results, take an additional serving during workout. For more info visit RSPNutrition.com or call 877.814.2544

IF YOU HAVE ANY HEALTH CONDITION, ARE PREGNANT, BREAST FEEDING OR TAKING MEDICATION, ASK A PHYSICIAN BEFORE USE. KEEP OUT OF REACH OF SMALL CHILDREN.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

FROM THE CREATORS OF
SPORTS PERFORMANCE
NUTRITION

RSP

FAST

PRE-WORKOUT SUPPLEMENT

FUEL

MAXIMIZE TRAINING INTENSITY* BUILD LEAN MUSCLE*
INCREASE ENDURANCE* RECOVER FASTER*

ORANGE

NET WT 300g

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 10 grams (1 scoop)

Servings per Container: 30

Amount Per
Serving

% Daily
Value*

Calories	0	
Total Carbohydrate	0 g	0%
Sugars	0 g	†
Vitamin B6 (as Pyridoxine Hydrochloride)	10 mg	500%
Vitamin B12 (as Cyanocobalamin)	9 mcg	150%
Sodium (as Sodium Citrate)	52 mg	2%

Explosive Speed & Power Matrix* 4300 mg

L-Leucine, Creatine Monohydrate, L-Isoleucine, L-Valine †

Max Velocity Optimizer* 3452 mg

L-Glutamine, Beta-Alanine (CarnoSyn®), Sodium Citrate †

Energy and Intensity Matrix* 1412 mg

Arginine AKG 2:1, Taurine, Caffeine Anhydrous,
Vitamin B6 (Pyridoxine Hydrochloride), Magnesium
Acetyl Taurinate (NeuroTaurine™), N-Acetyl-L-Tyrosine,
Vitamin B12 (Cyanocobalamin) †

Other Ingredients: Citric Acid, Natural Flavor, Acesulfame
Potassium, Sucralose, Malic Acid, Yellow #6.

Allergen Statement: This product contains ingredients
derived from milk. * % Daily Values are based on a 2,000
calorie diet. Your daily values may be higher or lower
depending on your calorie needs. † Daily Value not established.

CarnoSyn
Carnosine Lysine HCl

Natural Alternatives International (NAI) is the owner of patents 5,965,596, 6,172,098,
6,426,361, 6,880,294, 7,504,376, 7,825,084 and registered trademark CarnoSyn®



RSP

REVOLUTIONARY

SPORTS PERFORMANCE

WWW.RSPNUTRITION.COM

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Tested for Banned Substances:

This product is screened for cross contamination and banned substances. This ensures product safety and compliance with the standards and protocols of all high school, collegiate and professional athletic leagues and association.

NeuroTaurine™ is a
registered trademark of
Compound Solutions, Inc.

