

100% BERRIES & WHEY FACTS

- Contains 100% natural pure Ultra-Filtered/Micro-Filtered (UF/MF) Whey Protein Isolate, the finest quality and easily assimilated whey protein isolate. The Micro-Filtration method isolates the natural whey proteins in a highly concentrated form and is fat free. This process leaves 99% of the peptides undamaged and undenatured.
- 100% Whey Protein is rich in protein and amino acids that support muscle tissue.^{***}
- Berries naturally possess a high ORAC (oxygen radical absorption capacity) value. ORAC is the measure of antioxidant activity.
- Blackberries contain anthocyanin pigments which have powerful antioxidant properties.^{***}
- Scientific experts suggest that blueberries possess as much as 10% more antioxidant strength than many other berries.^{***}
- Strawberries possess a very high ORAC value.
- Raspberries are a rich source of vitamin C and fiber and possess powerful antioxidant capabilities similar to blackberries.^{***}
- Açai berries are similar to blueberries and contain all essential amino acids.
- Goji berries are unique in that they contain polysaccharides that provide antioxidant properties.^{***}
- Third party verified to be free of artificial hormones.
- Certified Gluten Free.
- Certified Vegetarian.

TYPICAL AMINO ACID PROFILE

AMINO ACID	g/serving	AMINO ACID	g/serving	AMINO ACID	g/serving
Aspartic Acid	2.22	Valine	1.18	Lysine	1.71
Threonine	1.49	Isoleucine	1.32	Arginine	0.30
Serine	0.92	Leucine	1.98	Proline	1.23
Glutamic Acid	3.03	Tyrosine	0.46	Cystine	0.46
Glycine	0.37	Phenylalanine†	0.57	Methionine	0.39
Alanine	1.14	Histidine	0.24	Tryptophan	0.17

Do not accept if seal is broken. Store between 59°-86° F.
Keep out of the reach of children. Product No. 2070

† Phenylalanine and Tryptophan are not added to this product; they are naturally occurring in the whey.
Contents packaged by weight, not volume. Some settling may occur.
See container for "lot number" and "best by" date.
100% Berries & Whey is for anyone who desires additional protein in their daily diet.
Notice: Use this product as a food supplement only. Do not use for weight reduction.

WARNING: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

NO: Yeast, wheat, gluten, artificial color, artificial flavor or artificial sweeteners.

^{***} These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



BIOCHEM
SPORTS

100% BERRIES & WHEY

100% Natural Whey Protein Powder

FREE
of Artificial
Hormones,
Including rBST
& rBGH

Whey Protein Isolate
(99% Undenatured)

99% Lactose Free

Wheat & Gluten Free

1 g Fiber

Contains Goji & Açai

BERRY FLAVOR

Dietary Supplement

NET WT: 11.1 oz. (316 g)

HOW TO USE: Adults mix two (2) scoops (31.69g) (1.11 oz.) with 1 - 1 1/2 cups (8 - 12 fl. oz.) (236 - 354 mL) of cold water or your favorite beverage. Stir briskly until dissolved. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 2 scoops (31.69 g) (1.11 oz.)
Servings Per Container About 10

Amount Per Serving	% Daily Value
Calories 100	
Calories from Fat 0	
Total Fat 0 g	0%*
Cholesterol 2 mg	1%*
Total Carbohydrate 6 g	2%*
Dietary Fiber 1 g	5%*
Sugars 3 g	**
Protein 20 g	40%*
Vitamin C (as organic blackberry, organic raspberry)	1 mg 3%
Calcium (as whey protein isolate, organic blackberry, organic raspberry, organic strawberry)	98 mg 10%
Phosphorus (as whey protein isolate, organic blackberry)	49 mg 5%
Magnesium (as whey protein isolate, organic blackberry, organic strawberry)	18 mg 5%
Sodium (as whey protein isolate, sodium chloride, organic strawberry)	74 mg 3%
Potassium (as whey protein isolate, organic blackberry, organic strawberry)	102 mg 3%
Whey Protein Isolate	22 g **
Xylitol	2.5 g **
Proprietary Berry Blend providing:	2.100 mg (2.1g) **
Organic Raspberry	**
Organic Strawberry	**
Organic Blackberry	**
Organic Goji berry	**
Organic Açai berry	**
Organic Blueberry	**
Stevia Extract (Stevia rebaudiana) (leaf) (standardized at 90% steviolosides equal to 54 mg)	60 mg **

* Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value not established.

Other Ingredients: Organic evaporated cane juice sugar, natural raspberry flavor, natural french vanilla flavor, natural strawberry flavor, xanthan gum, citric acid, soy lecithin. Contains milk and soy.



This product has been manufactured at an NSF GMP Registered facility.

Hormone-Free Whey Protein Isolate is Sourced and Manufactured in the USA.

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