

SUGGESTED USAGE: Add 2 level scoops (64 g) daily to 12-16 oz. of cold water, milk, or your favorite juice and blend. Also consider adding NOW® Flax Seed Oil for enhanced nutritional benefit. Please note the additional calories and nutrients provided by the above ingredients.

NOW® Whey Protein Isolate is a high quality protein supplement that is both bioavailable and easily digested. Whey protein contains a high concentration of Branch Chain Amino Acids (BCAA's), which are important for efficient muscle metabolism.* These qualities make NOW® Whey Protein Isolate an ideal supplement for active individuals.

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

NOTICE: USE THIS PRODUCT AS A FOOD SUPPLEMENT ONLY. NOT INTENDED AS A MEAL REPLACEMENT.

Whey protein is considered to have the highest Biological Value of any protein source – superior in essential amino acid content to beef, milk, casein or soy.

CODE 2162B 



Whey Protein Isolate

Mixes Instantly
Cross-Flow Microfiltered
High in Branched Chain Amino Acids



Dutch Chocolate

Net Wt. 1.8 lbs. (816 g)



A Dietary Supplement

Supplement Facts

Serving Size 2 Level Scoops (64 g)
Servings Per Container 12

	Amount Per Serving	% Daily Value
Calories	240	
Calories from Fat	10	
Total Fat	1 g	2%*
Saturated Fat	0.6 g	3%*
Trans Fat	0 g	†
Cholesterol	9 mg	3%
Total Carbohydrate	7 g	2%*
Dietary Fiber	1.5 g	6%
Sugars	4 g	†
Protein	50 g	100%*
Calcium	270 mg	27%
Sodium	160 mg	7%
Potassium	475 mg	14%
Stevia rebaudiana Extract (Leaf)	80 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

INGREDIENTS: Cross-Flow Microfiltered Whey Protein Isolate (providing β -lactoglobulin, α -lactalbumin, Immunoglobulins and Glycomacro Peptides), Natural Flavors, Fructose, Xanthan Gum, Sea Salt, Soy Lecithin and Stevia rebaudiana Herbal Extract. Contains milk and soy derivatives.

Manufactured by NOW FOODS
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108
Made in the U.S.A. www.nowfoods.com

Contains no starch, yeast, wheat, gluten, egg, shellfish or preservatives.

Since 1968, NOW has earned a valued reputation for producing quality products at reasonable prices. Our Quality Assurance and Quality Control teams of certified nutritionists, chemists and technicians thoroughly evaluate all products, processes, packaging and sources. Our responsibility and pledge is to honestly and accurately label quality products that are fresh, potent and effective.

This product is sold by weight not volume.
Store in a cool, dry place. Please Recycle.

Typical Amino Acid Profile

Essential Amino Acids	mg Per 64 g Serving
L-Isoleucine	3182
L-Leucine	5818
L-Lysine	5512
L-Methionine	960
L-Phenylalanine	1466
L-Threonine	4494
L-Tryptophan	1074
L-Valine	3341

Non-Essential Amino Acids

L-Alanine	2727
L-Arginine	1011
L-Aspartic Acid	5773
L-Cysteine	1188
L-Glutamic Acid	10,972
L-Glycine	807
L-Histidine	744
L-Proline	3261
L-Serine	2796
L-Tyrosine	1523
Total	56,649 mg