

Supplement Facts

Serving Size 1 Packet (42 g)

	Amount Per Serving	% Daily Value
Calories	165	
Calories from Fat	15	
Total Fat	1.5 g	2%*
Saturated Fat	0.5 g	3%*
Trans Fat	0 g	†
Cholesterol	6 mg	2%
Sodium	104 mg	4%
Total Carbohydrate	11 g	4%*
Dietary Fiber	3 g	12%*
Sugars	5 g	†
Protein	26 g	52%*
Calcium	173 mg	17%
Potassium	137 mg	4%
<i>Stevia rebaudiana</i> Extract (Leaf)	84 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

INGREDIENTS: Whey Protein Blend [Micro-Filtered Whey Protein Concentrate (providing β -lactoglobulin, α -lactalbumin, Immunoglobulins and Serum Albumin), Ion-Exchanged Whey Protein Isolate (providing β -lactoglobulin, α -lactalbumin, Immunoglobulins and Glycomacro Peptides) and Enzymatically Hydrolyzed Whey Protein Concentrate], Fructose, Natural Flavor, Xanthan Gum, Free-Form L-Glutamine and *Stevia rebaudiana* Herbal Extract. Contains milk and soy derivatives.

Contains no salt, yeast, wheat, gluten, egg, shellfish or preservatives.

This product is sold by weight not volume.

NOTICE: USE THIS PRODUCT AS A FOOD SUPPLEMENT ONLY. NOT INTENDED AS A MEAL REPLACEMENT.

Whey protein is considered to have the highest Biological Value of any protein source – superior in essential amino acid content to beef, milk, casein or soy.

Typical Amino Acid Profile

Essential Amino Acids	mg Per 42 g Serving
L-Isoleucine	1668
L-Leucine	2730
L-Lysine	2364
L-Methionine	555
L-Phenylalanine	831
L-Threonine	2042
L-Tryptophan	471
L-Valine	1533

Non-Essential Amino Acids

L-Alanine	1370
L-Arginine	677
L-Aspartic Acid	3171
L-Cysteine	504
L-Glutamic Acid	4884
L-Glutamine	460
L-Glycine	513
L-Histidine	467
L-Proline	1671
L-Serine	1449
L-Tyrosine	563
Total	27,923 mg

CODE 2161R V3

SUGGESTED USAGE: Add 1 packet to 6-8 oz. of cold water, milk, or your favorite juice and blend. Contains no aspartame or artificial flavors.



Whey Protein

- High in Branch Chain Aminos
- Mixes Instantly
- All 3 Popular Whey Forms (Isolate, Hydrolysate & Concentrate)

Vanilla

A Dietary Supplement Net Wt. 1.5 oz.

Manufactured by NOW FOODS
395 S. Glen Ellyn Rd.
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Made in the U.S.A.
www.nowfoods.com

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