

ACTUAL SIZE

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CODE 4620

V2

Notice: Do not use this product if you have abdominal pain or diarrhea. Consult a health care provider prior to use if you are pregnant or nursing a baby. Discontinue use in the event of diarrhea or watery stools. Do not exceed recommended dose. Not for long-term use.

* This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

SUGGESTED USAGE: As a dietary supplement, take 2 capsules 1 to 2 times daily, with water or juice on an empty stomach. Consider taking this product in combination with NOW® Psyllium Husk and Aloe Vera.



Cascara Sagrada

INTESTINAL SUPPORT

Natural Herbal Laxative*

450 mg

100 Capsules

A Dietary Supplement



Supplement Facts

Serving Size 2 Capsules
Servings Per Container 50

Amount Per Serving	% Daily Value
Total Carbohydrate	< 1 g < 1%*
Cascara Sagrada (<i>Rhamnus purshiana</i>) (Bark)	900 mg †

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Gelatin (capsule) and Magnesium Stearate (vegetable source).

Manufactured by NOW FOODS, BLOOMINGDALE, IL 60108

Made in the U.S.A. www.nowfoods.com

Contains no sugar, salt, starch, yeast, wheat, gluten, corn, soy, milk, egg, shellfish or preservatives.

Store in a cool, dry place. Please Recycle.