

For over 40 years, Vitamin World has pioneered the manufacture of premium nutritional supplements. Our commitment to quality is the highest in our industry. Every product undergoes rigorous analysis for purity, potency, safety and freshness. We guarantee it.



VITAMIN WORLD
get healthy

whey

FOR HER

PROTEIN

Protein Based Source of
High Quality Nutrition
for Women

- 100 CALORIES PER SERVING TO HELP SATISFY APPETITE
- DELICIOUS AND EASY TO MIX
- LOW FAT
- 94% LACTOSE FREE
- ASPARTAME FREE

WILD STRAWBERRY
NATURALLY & ARTIFICIALLY FLAVORED

DIETARY SUPPLEMENT
NET WT. 1 lb. (16 oz.) (454 g)
NOTICE: Use this product as a food supplement only.
Do not use for weight reduction.

whey

FOR HER

Supplement Facts

Serving Size 1 Scoop (24 g)	
Servings Per Container about 18	
Amount Per Serving	% Daily Value
Calories	100
Calories from Fat	35
Total Fat	2 g 3% ^{***}
Saturated Fat	0.5 g 1% ^{***}
Cholesterol	55 mg 18%
Total Carbohydrate	2 g 1% ^{***}
Sugars	1 g
Protein	18 g 35% ^{***}
Calcium	86 mg 9%
Phosphorus	86 mg 9%
Magnesium	14 mg 4%
Sodium	40 mg 2%
Potassium	125 mg 4%
Lactoperoxidase	1 mg
Typical Branched Chain Amino Acid Profile (from Whey Protein)	
Isoleucine	1 g
Leucine	2 g
Valine	1 g

^{***}Percent Daily Values are based on a 2,000 calorie diet.
^{***}Daily Value not established.

Ingredients: Protein Blend (Whey Protein Concentrate, Whey Protein Isolate, Whey Protein Hydrolysate), Natural and Artificial Flavors, Soy Lecithin, Maleic Acid, Beet Juice Color, Sucralose, Lactoperoxidase.

Contains milk and soy ingredients.

No Preservatives, No Gluten, No Wheat, No Yeast, No Fish.

Whey Protein for Her is specifically designed for women's needs. Our product provides superior whey proteins in a low fat, great tasting supplement that supports lean muscle while helping you achieve your dieting goals and obtain the toned physique you desire.* In addition, Whey Protein for Her naturally contains amino acids that are used as fuel for the energy you need for your workouts.* Whey Protein for Her is high-quality nourishment designed for women who want the best of both worlds: a delicious supplement that helps support their fitness goals.*

Directions: For adult women, add one (1) scoop (24 g) to 8 fl. ounces of water or your favorite beverage. Mix in a shaker or a blender and drink immediately for best results. Be sure to figure the extra calories provided by milk, juice or whatever you may add. Increase or decrease the amount of liquid added to achieve desired consistency. For an extra treat, blend with fruit or your favorite non-fat frozen yogurt.

Use in conjunction with an intense daily exercise program and a balanced diet including an adequate caloric intake.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

Contents are sold by weight. Some settling may occur.

No sucrose or fructose added to this product. Not a low calorie product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO REORDER PROD. #66633
www.vitaminworld.com
1-800-228-4533

Carefully Manufactured by
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