

ACTUAL SIZE

7 33739 04612 3



CODE 4612

V3

Manufactured by NOW FOODS
BLOOMINGDALE, IL 60108
Made in the U.S.A.
www.nowfoods.com

Bilberry (*Vaccinium myrtillus*) is a small shrub that grows in cool, temperate regions of both the northern and southern hemispheres. It is related to blueberry of the heath family and is also known as bleberry and common whortleberry in Europe. It is first mentioned in early herbal traditional medicine from the Middle Ages, and became more prominent during the 18th century. Today it is listed in the German Commission "E" Monographs, and the studies into its nutritive properties are ongoing.

SUGGESTED USAGE: As a dietary supplement, take 1 capsule 2 to 3 times daily, preferably with meals.

Bilberry Complex

HERBAL SUPPLEMENT

- 80 mg Standardized Extract
- With Beta-Carotene & Carrot Powder

100 Capsules

A Dietary Supplement



Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Beta-Carotene (as pro-Vitamin A 6 mg)	10,000 IU	200%
Riboflavin (Vitamin B-2)	10 mg	590%
Bilberry (<i>Vaccinium myrtillus</i>) (Fruit) † (Standardized to contain min. 25% Anthocyanidins)	80 mg	†
Carrot Powder	300 mg	†
Citrus Bioflavonoids (37% total bioflavonoids as Hesperidin)	100 mg	†

† Daily Value not established.

Other ingredients: Gelatin (capsule), Magnesium Stearate (vegetable source), Silica and Cellulose.

Contains no sugar, salt, yeast, wheat, gluten, soy, milk, egg, shellfish or preservatives.

Store in a cool, dry place. Please Recycle.