

ULTIMATE PROTEIN SYSTEM®

Science agrees that whey protein isolate is the ultimate protein — and now Biochem's ULTIMATE PROTEIN SYSTEM® supplies the ultimate whey!

Through the use of special technology and advanced microfiltration/ultrafiltration/diafiltration processes, the Whey Protein Isolate provided in UPS is superior in quality. UPS only contains complete whey proteins which provide all of the essential amino acids required by the human body for optimal nutrition. The unique process by which UPS whey proteins are microfiltered removes 99% of lactose, fat and denatured protein fractions to yield the purest, lightest and easily digested whey protein. Whey Protein Isolate already has the highest Protein Efficiency Ratio (PER), the highest Biological Value (BV) and the highest Net Protein Utilization (NPU) of all proteins listed, but UPS takes whey protein to a new level of quality. The whey protein found in UPS contains Immunoglobulins and alpha-Lactalbumin, which are naturally occurring in milk and help support healthy immune function; Lactoferrin enhances the quality of whey protein. UPS is pure and natural and mixes instantly, even in plain water. For hard workouts, Biochem's ULTIMATE PROTEIN SYSTEM® is the only choice for maximum benefits!***

TYPICAL AMINO ACID PROFILE

AMINO ACID	g/serving	AMINO ACID	g/serving	AMINO ACID	g/serving
Aspartic Acid	2.38	Valine	1.26	Lysine	1.76
Threonine	1.60	Isoleucine	1.44	Arginine	0.44
Serine	1.06	Leucine	2.24	Proline	1.56
Glutamic Acid	3.78	Tyrosine	0.64	Cystine	0.54
Glycine	0.34	Phenylalanine†	0.62	Methionine	0.44
Alanine	1.06	Histidine	0.42	Tryptophan†	0.38

ULTIMATE PROTEIN SYSTEM®

- 4g per serving of the branched chain amino acids (BCAA) Isoleucine, Leucine and Valine to support muscle during heavy training.
- Glutamine to support muscle recovery
- A combination of Chromium and Vanadyl Sulfate
- Low glycemic index Fructose to help support muscle glycogen storage and energy level
- Proteolytic enzymes to support protein digestion
- A special mineral profile including Potassium to replace electrolytes and support water balance
- An ideal ratio of Magnesium and Calcium to support muscle contraction and bone health***

ULTIMATE PROTEIN SYSTEM®

Designed for use by:

Athletes • Body Builders • Seniors

†Phenylalanine and Tryptophan are not added to this product; they are naturally occurring in the whey.

Also Available in Great Tasting Vanilla Flavor.

BIOCHEM
SPORTS

ULTIMATE PROTEIN SYSTEM®

CHOCOLATE

FREE
of artificial
hormones
including rBST
and rBGH

20 Grams of
Protein Per Serving
From Superior
Whey Protein Isolate



Dietary Supplement

Net Wt. 2 lbs.
(32 oz.) (908g)

Some protein drinks are delicious, some protein drinks supply high quality protein, but none can compare to the ULTIMATE PROTEIN SYSTEM® (UPS). UPS provides more than just great benefits from the best protein source you can buy. UPS is easy to use. Its special whey protein is structured to mix instantly in water or the liquid of your choice. Its smooth texture and rich chocolate taste make it sinfully delicious. Whether used after a workout or just to add extra high quality protein to the diet, UPS is a delicious drink with ultimate whey protein benefits.

ULTIMATE PROTEIN SYSTEM®

- MIXES EASILY WITHOUT A BLENDER
- DELICIOUS MEGA PROTEIN DRINK
- FULLY DIGESTIBLE AND EASILY ASSIMILATED
- SUPPORTS NITROGEN RETENTION
- SUPPORTS MUSCLE CELLS***

DIRECTIONS FOR USE:

Adults, using scoop provided, add one (1) scoop (1 oz.)(28.4g) to one (1) cup (8 fl. oz.)(237 mL) or more of either cold water or your favorite cold beverage. Stir briskly until dissolved for a tasty chocolate protein supplement. For a creamier texture, use a blender and add ice. You may also try adding your favorite fruit. We recommend one (1) serving per day. As a reminder, discuss the supplements and medications that you take with your health care providers.

Do not accept if seal is broken. Product No. 1858
Store between 59°-86° F. Keep out of the reach of children.

WARNING: If you are pregnant or nursing, diabetic, hypoglycemic, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

NO: Wheat, gluten, preservatives, artificial color, artificial flavor or artificial sweeteners.

Notice: Use this product as a food supplement only.
Do not use for weight reduction.
Contents packed by weight not volume. Some settling may occur.
See container for lot number and best by date.



*** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size 1 scoop (28.4 g)(1 oz.)
Servings Per Container Approx. 32

Amount Per Serving	% Daily Value
Calories 100	
Calories from Fat 0	
Total Fat 0 g	0%*
Cholesterol <5 mg	1%*
Total Carbohydrate 5 g	2%*
Dietary Fiber <1 g	2%*
Sugars 4 g	**
Protein 20 g	40%*
Vitamin B-6 (as pyridoxine hydrochloride)	1.5 mg 75%
Folic Acid	100 mcg 25%
Vitamin B-12 (as cyanocobalamin)	1.5 mcg 25%
Calcium (as whey protein isolate, dicalcium phosphate)	117 mg 12%
Iron (as cocoa powder, whey protein isolate)	0.39 mg 2%
Phosphorus (as whey protein isolate, dicalcium phosphate)	66 mg 7%
Magnesium (as magnesium oxide and alpha-ketoglutarate, whey protein isolate)	82 mg 21%
Zinc (as zinc oxide)	5.2 mg 35%
Manganese (as manganese sulfate)	0.5 mg 25%
Chromium (as GTF chromium yeast)	102 mcg 85%
Sodium (as whey protein isolate)	42 mg 2%
Potassium (as potassium chloride, whey protein isolate)	395 mg 11%
Whey Protein Isolate	22 g **
Proprietary Blend	93 mg **
providing: Bromelain (from pineapple), inositol, choline bitartrate, trypsin, alpha-amylase (from <i>aspergillus niger</i>), creatine monohydrate, L-glutamine, vanadyl sulfate, L-ornithine hydrochloride, boron citrate	

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Fructose, Cocoa powder (Natural process), Natural flavors, Gum arabic, Xanthan gum, Lecithin. Contains milk and soy.

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