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ACTUAL SIZE



CODE 4610



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Made in the U.S.A.

Manufactured by NOW FOODS
BLOOMINGDALE, IL 60108

Look for other fine NOW products at health food stores nationwide.

SUGGESTED USAGE: As a dietary supplement, take 1 capsule 2 to 3 times daily, preferably with meals.

Bilberry (*Vaccinium myrtillus*) is a small shrub that grows in cool, temperate regions of both the northern and southern hemispheres. It is related to blueberry of the heath family and is also known as bleaberry and corn-mon whortleberry in Europe. It is first mentioned in early herbal traditional medicine from the Middle Ages, and became more prominent during the 18th century. Today it is listed in the German Commission "E" Monographs, and the studies into its nutritive properties are ongoing.



Bilberry Complex

HERBAL SUPPLEMENT

- With Beta-Carotene & Carrot Powder
- 80 mg Standardized Extract

50 Capsules
A Dietary Supplement



Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Beta-Carotene (as pro-Vitamin A 6 mg)	10,000 IU	200%
Riboflavin (Vitamin B-2)	10 mg	590%
Bilberry (Vaccinium myrtillus) (Fruit) (Standardized to contain min. 25% Anthocyanidins)	80 mg	†
Carrot Powder	300 mg	†
Citrus Bioflavonoids (37% total bioflavonoids as Hesperidin)	100 mg	†

† Daily Value not established.

Other ingredients: Gelatin (capsule), Magnesium Stearate, Silica and Cellulose.

Contains no sugar, salt, yeast, wheat, gluten, soy, milk, egg or preservatives.

Do Not Eat Freshness Packet. Keep in Bottle.