

Vitamin World products are subject to critically stringent quality assurance analysis. Our state-of-the-art laboratory, manufacturing and packaging facilities insure the highest quality nutritional supplements money can buy. *Your health & safety are our first priority!*



**VITAMIN WORLD**  
*get healthy.*

# MEGA

## Vita-Min™

### ADULT CHEWABLE

**Pineapple Flavored**

**COMPLETE FORMULA  
FOR ENERGY METABOLISM  
AND NUTRITIONAL PROTECTION\***

**100**

**DELICIOUS  
CHEWABLE  
WAFERS**

**DIETARY SUPPLEMENT**



B60535

05D

MEGA VITA-MIN™ MEGA VITA-MIN™ MEGA VITA-MIN™

**DIRECTIONS:** For adults, chew one (1) wafer daily, preferably with a meal.

### Supplement Facts

Serving Size 1 Wafer

Amount Per Serving		%Daily Value
Calories	5	
Total Carbohydrate	2 g	1%**
Sugars	2 g	***
Vitamin A (as Beta-Carotene)	5,000 IU	100%
Vitamin C (as Ascorbic Acid and Rose Hips)	150 mg	250%
Vitamin D (as Cholecalciferol)	400 IU	100%
Vitamin E (as d-Alpha Tocopheryl Acetate)	100 IU	333%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	15 mg	1,000%
Riboflavin (Vitamin B-2)	15 mg	882%
Niacin (as Niacinamide)	25 mg	125%
Vitamin B-6 (as Pyridoxine Hydrochloride)	15 mg	750%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	15 mcg	250%
Biotin (as d-Biotin)	20 mcg	7%
Pantothenic Acid (as d-Calcium Pantothenate)	20 mg	200%

**Other Ingredients:** Dextrose, Fructose, Vegetable Cellulose, Natural Flavors, Silica, Vegetable Stearic Acid, Sucralose, Rice Bran.

**No Artificial Color or Flavor, No Preservatives, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.**

**WARNING:** If you are pregnant, nursing, taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Calcium (as Calcium Carbonate, d-Calcium Pantothenate and Dicalcium Phosphate)	10 mg	1%
Iron (as Ferrous Fumarate)	5 mg	28%
Iodine (as Potassium Iodide)	100 mcg	67%
Magnesium (as Magnesium Gluconate)	0.145 mg	<1%
Zinc (as Zinc Gluconate)	0.325 mg	2%
Copper (as Copper Gluconate)	0.05 mg	3%
Manganese (as Manganese Gluconate)	0.017 mg	1%
Soy Lecithin	25 mg	***
Choline Bitartrate	5 mg	***
Hesperidin Complex ( <i>Citrus sinensis</i> ) (fruit)	5 mg	***
Betaine Hydrochloride	5 mg	***
Rutin	2.5 mg	***
Citrus Bioflavonoids ( <i>Citrus sinensis</i> ) (orange) (fruit)	2.5 mg	***
PABA (Para-Aminobenzoic Acid)	2.5 mg	***
Inositol	2.5 mg	***

\*\*Percent Daily Values are based on a 2,000 calorie diet.

\*\*\*Daily Value not established.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

**TO REORDER PROD. # 60535**

**www.vitaminworld.com**

**1-800-228-4533**

Carefully Manufactured by Vitamin World, Inc.  
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