

Science agrees that whey protein isolate is the ultimate protein — and now Biochem's ULTIMATE PROTEIN SYSTEM® supplies the ultimate whey!

TYPICAL AMINO ACID PROFILE

AMINO ACID	g/serving	AMINO ACID	g/serving	AMINO ACID	g/serving
Aspartic Acid	2.38	Valine	1.26	Lysine	1.76
Threonine	1.60	Isoleucine	1.44	Arginine	0.44
Serine	1.06	Leucine	2.24	Proline	1.56
Glutamic Acid	3.78	Tyrosine	0.64	Cystine	0.54
Glycine	0.34	Phenylalanine†	0.62	Methionine	0.44
Alanine	1.06	Histidine	0.42	Tryptophan†	0.38

- 4g per serving of the branched chain amino acids (BCAA) Isoleucine, Leucine and Valine to support muscle during heavy training.
- A combination of Chromium and Vanadyl Sulfate
- Low glycemic index Fructose to help support muscle glycogen storage and energy level
- Proteolytic enzymes to support protein digestion
- A special mineral profile including Potassium to replace electrolytes and support water balance
- Magnesium and Calcium to support muscle contraction and bone health***

Designed for use by:

Athletes • Body Builders • Seniors

†Phenylalanine and Tryptophan are not added to this product; they are naturally occurring in the whey.

Also Available in Great Tasting Chocolate Flavor.



BIOCHEM[®]
SPORTS

ULTIMATE
**PROTEIN
 SYSTEM**[®]
 VANILLA

Full of Amino Acids
 Includes...

VANILLA

FREE
of Artificial
Hormones.
Including rBST
& rBGH

***20 Grams of
Protein Per Serving
From Superior
Whey Protein Isolate***

Certified
GF
Gluten-Free
Dietary Supplement

Net Wt. 2 lbs.
(32 oz.) (907g)

Some protein drinks are delicious, some protein drinks supply high quality protein, but none can compare to the **ULTIMATE PROTEIN SYSTEM® (UPS)**. UPS provides more than just great benefits from the best protein source you can buy. UPS is easy to use. Its special whey protein is structured to mix instantly in water or the liquid of your choice. Its smooth texture and rich vanilla taste make it sinfully delicious. Whether used after a workout or just to add extra high quality protein to the diet, UPS is a delicious drink with ultimate whey protein benefits.

ULTIMATE PROTEIN SYSTEM®

- Mixes **EASILY** without a blender
- Delicious mega protein drink
- Easily digested and assimilated
- Supports nitrogen retention
- **SUPPORTS** muscle cells***

DIRECTIONS FOR USE:

Adults using scoop provided, add one (1) scoop (28.4 g)(1 oz.) to one (1) cup (8 fl. oz.)(237 mL) or more of either cold water or your favorite cold beverage. Stir briskly until dissolved for a tasty vanilla protein supplement. For a creamier texture, use a blender and add ice. You may also try adding your favorite fruit. We recommend one (1) serving per day. As a reminder, discuss the supplements and medications that you take with your health care providers.

Do not accept if seal is broken. Product No. 1850
Store between 59°-86° F. Keep out of the reach of children.

WARNING: If you are pregnant or nursing, diabetic, hypoglycemic, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

NO: Wheat, gluten, preservatives, artificial color or artificial flavor.

Notice: Use this product as a food supplement only.

Do not use for weight reduction.

Contents packed by weight not volume. Some settling may occur.
See container for lot number and best by date.



*** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Biochem
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www.biochem-fitness.com

Serving Size 1 scoop (28.4 g)(1 oz.)
Servings Per Container Approx. 32

Amount Per Serving		% Daily Value
Calories	100	
Calories from Fat	0	
Total Fat	0 g	0%*
Cholesterol	<5 mg	1%
Total Carbohydrate	5 g	2%*
Dietary Fiber	0 g	0%*
Sugars	4 g	**
Protein	20 g	40%*
Vitamin B-6 (as pyridoxine hydrochloride)	1.5 mg	75%
Folic Acid	100 mcg	25%
Vitamin B-12 (as cyanocobalamin)	1.5 mcg	25%
Calcium (as whey protein isolate, dicalcium phosphate)	120 mg	12%
Phosphorus (as whey protein isolate, dicalcium phosphate)	62 mg	6%
Magnesium (as magnesium oxide and <i>alpha</i> -ketoglutarate, whey protein isolate)	113 mg	28%
Zinc (as zinc oxide)	5 mg	35%
Manganese (as manganese sulfate)	0.5 mg	25%
Chromium (as GTF chromium yeast)	102 mcg	85%
Sodium (as whey protein isolate)	42 mg	2%
Potassium (as potassium chloride, whey protein isolate)	347 mg	10%
Whey Protein Isolate	22 g	**
Proprietary Blend	93 mg	**
providing:		
Bromelain (from pineapple), inositol, choline bitartrate, trypsin, alpha-amylase (from <i>aspergillus niger</i>), creatine monohydrate, L-glutamine, vanadyl sulfate, L-ornithine hydrochloride, boron citrate		

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Fructose, Natural flavors, Xanthan gum, Gum arabic, Acesulfame potassium, Lecithin. Contains milk and soy.

