From the moment raw ingredients reach our facilities to the time a finished supplement is packaged, stringent analysis confirms the potency, purity and nutritional content of every nutritional product that bears the Vitamin World name. We awarantee it!

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish Softium Free

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store in a cool, dry place. Do not use if seal under can is broken or missing.

TO REORDER PROD. # 60532 www.vitaminworld.com 1-800-228-4533

Carefully Manufactured by Vitamin World, Inc. Ronkonkoma, NY 11779 U.S.A. ©2009 Vitamin World, Inc.

B10320 04D

SILICA

NATURALLY INSPIRED®

Natural Nutrient for Hair, Bones,& Nails

vegetarian dietary supplement 100 easy to swallow coated caplets

DIRECTIONS: For adults, take one (1) to three (3) caplets daily, preferably with meals.

Supplement Facts

Serving Size 1 Caplet

Amount Per Serving %Daily Value
Horsetail 500 mg *

(Equisetum arvense) (aerial) (Contains 7% Silica, 35 mg)

*Daily Value not established.

Other Ingredients: Vegetable Cellulose, Dicalcium Phosphate, Hypromellose, Povidone, Vegetable Magnesium Stearate.

