## 100% WHEY PROTEIN FACTS

- Contains 100% natural pure Ultra-Filtered/Micro-Filtered (UF/MF) Whey Protein Isolate, the finest quality and easily assimilated whey protein isolate. The Micro-Filtration method isolates the natural whey proteins in a highly concentrated form and is fat free. This process leaves 99% of the peptides undamaged and undenatured.
- 100% Whey Protein is rich in protein that supports muscle tissue.\*\*\*
- · Includes branched-chain amino and glutamic acids.
- Third party verified to be free of artificial hormones.
- · Certified Gluten Free.
- Certified Vegetarian.

TYPIC	AL A	MINO	ACID	PROFI	LE
AMINO ACID	g/serving	AMINO ACID	g/serving	AMINO ACID	g/serving
Aspartic Acid	2.22	Valine	1.18	Lysine	1.71
Threonine	1.49	Isoleucine	1.32	Arginine	0.39
Serine	0.92	Leucine	1.98	Proline	1.23
Glutamic Acid	3.03	Tyrosine	0.48	Cystine	0.46
Glycine	0.37	Phenylalanine	† 0.57	Methionine	0.39
Alanine	1.14	Histidine	0.24	Tryptophan†	0.17

Do not accept if seal is broken.

Store between 59°-86° F.

Keep out of the reach of children.

Product No. 1840

† Phenylalanine and Tryptophan are not added to this product; they are naturally occurring in the whey.

Contents packaged by weight, not volume.

Some settling may occur.

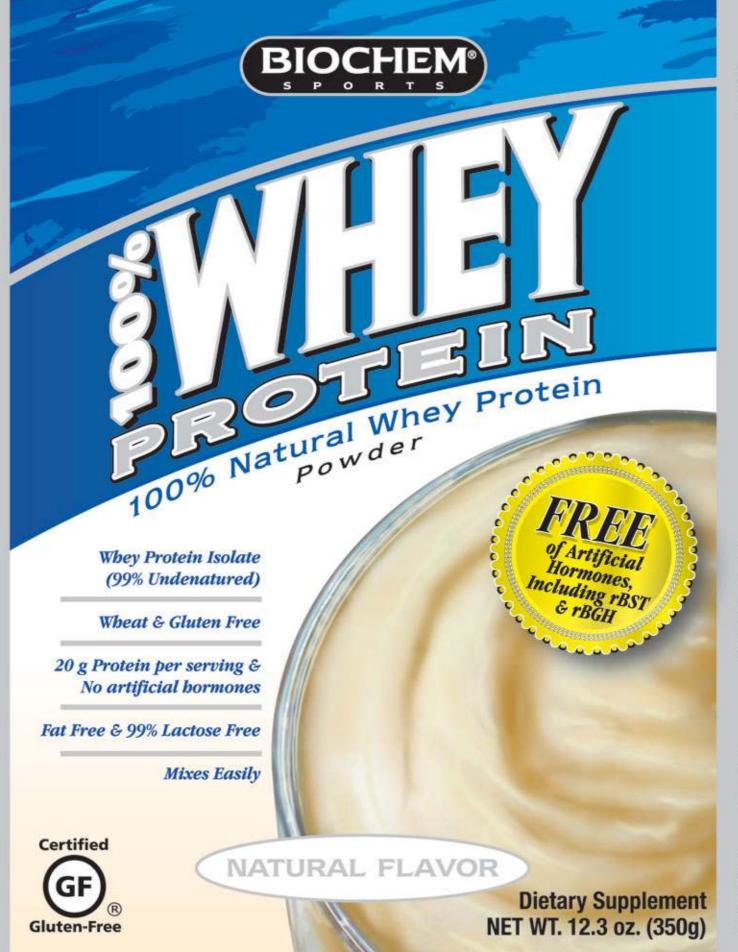
See container for "lot number" and "best by" date.

100% Whey Protein is for anyone who desires additional protein in their daily diet.

Notice: Use this product as a food supplement only. Do not use for weight reduction.

\*\*\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Also Aveilable in These Great Playors: Vanilla and Chocolate Pudge.



## **HOW TO USE:**

Adults, mix one (1) scoop (23.3 g) (0.82 oz.) with one (1) cup (8 fl. oz.) (237 mL) of cold water or your favorite beverage. Stir briskly until dissolved. As a reminder, discuss the supplements and medications that you take with your health care providers.

## Supplement Facts Serving Size 1 scoop (23.3 g)(0.82 oz.) Servings Per Container About 15 Amount Per Serving % Daily Value Calories 90 Calories from Fat 0 Total Fat 0 g 0%\* Cholesterol < 5 mg <1%\* Total Carbohydrate <1 g <1%\* Sugars 0 g 40%\* Protein 20 g Calcium (as whey protein isolate, french vanilla flavor) 97 mg 10% 50 mg 5% Phosphorus (as whey protein isolate, french vanilla flavor) Magnesium (as whey protein isolate) 18 mg 5% 2% Sodium (as whey protein isolate, french vanilla flavor) 45 mg 3% Potassium (as whey protein isolate, french vanilla flavor) 88 ma Whey Protein Isolate 22 g \* Percent Daily Values are based on a 2,000 calorie diet. \*\* Daily Value not established.

Other Ingredients: Natural french vanilla flavor, lecithin, xanthan gum. Contains milk and soy.

**WARNING:** If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

NO: Yeast, wheat, gluten, preservatives, artificial color, artificial flavor or artificial sweeteners.











This product has been manufactured at an NSF GMP Registered facility. Hormone-Free Whey Protein Isolate is Sourced and Manufactured in the USA.

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Manufactured by
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