

ACTUAL SIZE

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

SUGGESTED USAGE: As a dietary supplement, take 1 Vcap® daily as needed. Best taken without protein.

GABA (gamma aminobutyric acid) is a non-essential amino acid found mainly in the human brain and eyes. It is considered an inhibitory neurotransmitter, which means it regulates brain and nerve cell activity by inhibiting the number of neurons firing in the brain. GABA is referred to as the "brain's natural calming agent". By inhibiting over-stimulation of the brain, GABA may help promote relaxation and ease nervous tension.* NOW provides only the naturally occurring L-form as found in food and in the body.

GABA

NATURAL CALMING EFFECT

750 mg

- Promotes Relaxation
- Eases Nervous Tension*

100 Vcaps®

A Dietary Supplement
Vegetarian Formula



Supplement Facts

Serving Size 1 Vcap®

Amount Per Serving

GABA (Gamma Aminobutyric Acid)	750 mg*
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* Daily Value not established.

Other ingredients: Cellulose (capsule), Silica and Magnesium Stearate (vegetable source).

Contains no sugar, salt, starch, yeast, wheat, gluten, corn, soy, milk, egg or preservatives.

Vcaps® is a registered trademark of Capsugel.

Vegetarian Formula.

Do Not Eat Freshness Packet. Keep in Bottle.

Store in a cool, dry place. Please Recycle.

Manufactured by NOW FOODS, BLOOMINGDALE, IL 60108

Made in the U.S.A.

Visit us at www.nowfoods.com



CODE 0089

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