

ACTUAL SIZE

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CODE 4603

V2

www.nowfoods.com

Made in the U.S.A.

Manufactured by NOW FOODS

BLOOMINGDALE, IL 60108

***This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.**

Ashwagandha (*Withania somnifera*) is an herb that is extensively used in Ayurveda, the traditional health care system in India.

Ashwagandha is used as a general tonic and "adaptogen", helping the body adapt to stress. In addition, Ashwagandha has been shown to possess significant antioxidant activity as well as an ability to support a healthy immune system.*

SUGGESTED USAGE: As a dietary supplement, take 1 Vcap® 2 to 3 times daily.



Ashwagandha

AYURVEDIC ADAPTOGEN

Standardized Extract

450 mg

- Helps Body Adapt to Stress
- Immune System Support*

90 Vcaps®

A Dietary Supplement
Vegetarian Formula



Supplement Facts

Serving Size 1 Vcap®

Amount Per Serving

Ashwagandha (*Withania somnifera*) Extract 450 mg*
(Root) (Standardized to min. 4.5% Total Withanolides)

* Daily Value not established.

Other ingredients: Rice Flour, Cellulose (capsule) and Magnesium Stearate (vegetable source).

Contains no sugar, salt, yeast, wheat, gluten, corn, soy, milk, egg, shellfish or preservatives.

Vegetarian/Vegan Product.

Vcaps® is a registered trademark of Capsugel.

Do Not Eat Freshness Packet. Keep in Bottle.

Store in a cool, dry place. Please Recycle.

Warning: This product should not be taken if you are pregnant, breast-feeding or taking any prescription medications without prior medical consultation. Please keep out of reach of children.