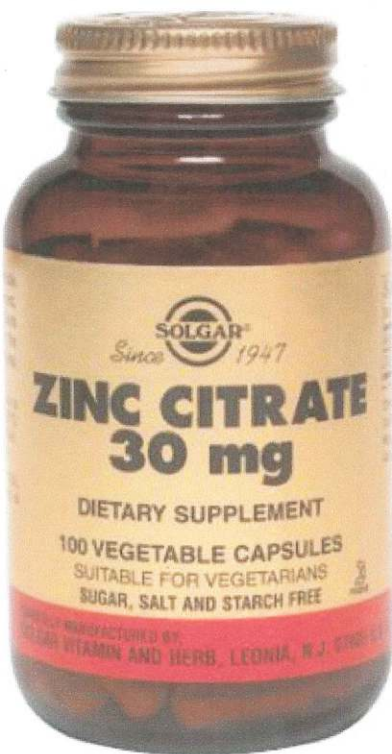




1-800-8991-00



Zinc Citrate 30 mg Vegetable Capsu

Zinc promotes healthy skin, hair and nails, supports normal taste and vision, and promotes the synthesis of collagen in bone tissue. It also supports cell growth and DNA formation. It exerts antioxidant activity and can support a healthy immune system. The citrate form of zinc in this formulation helps to promote optimal absorption.*

Zinc Citrate 30 mg Vegetable Capsules:

UPC	Quantity	Vegetarian	Kosher
033984036703	100	Yes	Yes

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Amount Per Serving	%DV
Zinc (as zinc citrate) 30 mg	200%

Other Natural Ingredients: Microcrystalline Cellulose, Vegetable Cellulose, Vegetable Magnesium Stearate, Vegetable Stearic Acid.

SUGGESTED USE: As a dietary supplement for adults, take one (1) vegetable capsule daily, preferably at mealtime, or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement. Keep out of reach of children.

Solgar's KOF-K certification #K-1250