ONE OF A KIND, MULTI-FUNCTIONAL FORMU<mark>LA FOR NIGHTTIME</mark>

Beyond RAW® Re-Feed is a revolutionary product designed for hardcore athletes looking for maximum recovery. This one of a kind, multi-functional supplement is designed to help you maximize your workouts and recuperate from them. Re-Feed is stacked with a powerful protein system plus potent he'bal blends to trigger anabolic signals, combat catabolism, and help you to rest and maximize recovery when you need it most!*

HARDCORE PROTEIN BLEND:

For maximum muscle growth, your body needs to stay fueled with a constant flow of anabolic, muscle building ingredients. **Re-Feed** is loaded with a 25 gram blend of micellar casein and calcium caseinate protein for an ideal, sustained amino acid release throughout the night.*

ANABOLIC COMPLEX:

Re-Feed features an anabolic complex to fuel anabolism and performance. The 5 grams of L-Leucine and 600 milligrams of Fenugreek work together to prime your muscles and support anabolic factors in the body.*

MUSCLE RECOVERY SYSTEM:

Recovery is essential to building lean mass and supporting a rock hard physique. The harder you train, the more your muscles need to recuperate. This system includes 5 grams of recovery-supporting glutamine along with essential vitamins and minerals that enhance recovery and fuel your muscles.

ANTIOXIDANT SYSTEM:

Catabolism is the enemy and this powerful antioxidant system is your ammunition to combat breakdown. Anchored by the potent super food based, Spectra* Orac blend, this system is loaded with crucial antioxidants including quercetin and lutein to help protect your muscles from damaging free-radicals.*

HERBAL RELAXATION COMPLEX:

Beyond RAW® **Re-Feed** features a herbal relaxation complex with powerful ingredients to help you unwind after a hard training session. This potent blend features theanine, valerian and hops, plus other calming factors designed to support a natural sense of relaxation.*

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KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place. For more information:

SHOP NOW @ GNC.COM

1-888-462-2548

Distributed by: General Nutrition Corporation Pittsburgh, PA 15222 Place UPC He

SCAN & LEARN MORE



RE-FEED

NICHTTIME, SUPER-ANABOLIC RECOVERY PROTEIN

- + POWERFUL, MULTI-ACTION PROTEIN BLEND DELIVERS SUSTAINED SUPPLY OF AMINO ACIDS TO FEED MUSCLES WHILE YOU SLEEP*
- + HERBAL RELAXATION COMPLEX SUPPORTS NIGHTTIME RECOVERY AND AIDS RESTFUL SLEEP*
- + MUSCLE RECOVERY SYSTEM TRIGGERS ANABOLIC SIGNALS IN THE BODY*
- + MAXIMIZE LEAN MASS AND COMBAT CATABOLIC CHANGES
 IN THE MUSCLES*

DOUBLE CHOCOLATE

NATURAL & ARTIFICIAL FLAVOR

DIETARY SUPPLEMENT NET WT 38.8 OZ (2.43 LBS) 1104G CODE 826328 JI

DIRECTIONS: On training days, mix one serving (46 g) with 10 fl. oz. of water 30 to 60 minutes prior to bedtime. For extreme results, take on training and non-training days.

Supplement Facts

Serving Size Two Level Scoops (46 g)

Servings Per Container 24

Amount Per Serving		% Daily Value
Calories	160	
Calories from Fat	10	
Total Fat	1 g	2%†
Saturated Fat	0.5 g	3%†
Trans Fat	0 g	*
Cholesterol	15 mg	5%
Total Carbohydrate	13 g	4%†
Dietary Fiber	0.5 g	2%†
Sugars	2 g	*
Protein	25 g	
Vitamin D (as Cholecalciferol D-3)	400 IU	100%
Thiamin (as Thiamin Mononitrate)	20 mg	1333%
Vitamin B-6 (as Pyridoxine Hydrochloride)	20 mg	1000%
Magnesium (as Magnesium Aspartate)	60 mg	15%
Zinc (as Zinc Arginate)	30 mg	200%
Sodium	35 mg	1%
Anabolic Complex L-Leucine, Micronized L-Leucine, Fenugr foenum-graecum)(seed)(Standardized for		* gonella
Muscle Recovery System L-Glutamine, Micronized L-Glutamine, Re	5.03 g svida® trans-Re	* esveratrol
Antioxidant System Lutemax 2020™ Lutein, Quercetin, Spectr (2000 ORAC)	155 mg a™ Total Orac B	lend *

00 ORAC)

Herbal Relaxation Complex 300 mg

Valerian Root Extract, Suntheanine® L-Theanine, Lemon Balm Extract, Hops Flower Powder, Passion Flower

†Percent Daily Values are based on a 2,000 calorie diet. *Daily value not established.

OTHER INGREDIENTS: Protein Blend (Micellar Casein, Calcium Caseinate, Milk Protein Concentrate), Maltodextrin, Cocoa Powder (Dutch Process), Natural and Artificial Flavors, Acesulfame Potassium, Sucralose.

CONTAINS: Milk

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication or have a medical condition.

Discontinue use two weeks prior to surgery.

NOTICE: Use as a food supplement only. Do not use for weight reduction. Significant product settling may occur.

*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

CAUTION: This product contains extremely potent concentrations of muscle fuel. It is designed to provide experienced athletes with explosive gains, bursts of energy and massive anabolic surges. Use only if you are ready to take your workout to the next level of athletic performance.

Maximize your workouts by stacking with other **Beyond RAW**° products!

Typical Amino Acid Profile Per Two Scoop Serving			
Alanine	795 mg	Lysine	2046 mg
Arginine	910 mg	Methionine	655 mg
Aspartic Acid	1975 mg	Phenylalanine	1190 mg
Cystine	174 mg	Pro l ine	2430 mg
Glutamic Acid	5342 mg	Serine	1315 mg
Glycine	475 mg	Threonine	1084 mg
Histidine	2696 mg	Tryptophan	308 mg
Isoleucine	1271 mg	Tyrosine	1249 mg
Leucine	5006 mg	Valine	1565 mg
			30486 mg

Suntheanine[®]

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