

**Nutritional Support for
Overall Well-Being.***

PHOSPHATIDYLCHOLINE IS THE MOST IMPORTANT COMPONENT OF LECITHIN.

Each softgel supplies soybean phosphatide complex, containing approximately 35% phosphatidylcholine complex with other naturally occurring components such as cephalin (phosphatidylethanolamine), inositol phosphatides (phosphoinositides) and related phosphorus-containing lipids.

Free from artificial colors and preservatives.

DIRECTIONS: As a dietary supplement, one softgel daily or as recommended.

**KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.**

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

PRODUCT NO. 4176



Nature's Plus®
The Energy Supplements®

SUPER STRENGTH LECITHIN
Dietary Supplement
**PHOSPHATIDYL
CHOLINE**
with B-12 & Folic Acid



90 Softgels



Supplement Facts

Serving Size 1 Softgel

Amount Per Softgel	%DV
Calories	10
Calories from Fat	10
Total Fat	1 g 2%**
Folate (as folic acid)	100 mcg 25%
Vitamin B-12	25 mcg 417%
(as cyanocobalamin)	

Phosphatidylcholine Complex ...	1085 mg	†
(from natural soybean phosphatide)		
Supplying approximately		
Phosphatidylcholine	379.1 mg	
Phosphatidylethanolamine	86.7 mg	
Choline	49.7 mg	
Linoleic Acid (from natural ...)	100 mg	†
safflower oil [<i>Carthamus tinctorius</i>])		

**Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value (DV) not established.

Other ingredients: Soybean oil, gelatin, glycerin, beeswax, natural color (carob) and purified water.

Manufactured with LOVE ♥ for **NATURE'S PLUS**
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