

Nutritional Support for Overall Well-Being.*

Nature's Plus Omega Flax Mega Lignan uses only natural ingredients to nutritionally support the maintenance of healthy breast tissue in women, healthy prostate tissue in men, and cardiovascular well-being in both men and women.* **Nature's Plus Omega Flax Mega Lignan** is made from the world's highest quality flax concentrate to achieve optimal activity for optimal health.

DIRECTIONS: As a dietary supplement, take 2 capsules daily with 8 fl. oz. of water or juice.

WARNING: If you are pregnant or nursing or have any medical condition, consult your health care practitioner before taking this or any dietary supplement.

Free from artificial colors and preservatives.

**KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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PRODUCT NO. 3971



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Nature's Plus® The Energy Supplements®

O M E G A F L A X

MEGA
LIGNAN

STANDARDIZED

52 mg SDG LIGNAN

Dietary Supplement

60 Vegetarian
CAPSULES

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 30

Amount Per Serving

LignaCare™ Standardized Flax Extract 200 mg†
(*Linum usitatissimum* seed)

SDG (Secoisolariciresinol Diglycoside) 26% (52 mg)

Rosemary Leaf Standardized Extract 25 mg†
(*Rosemarinus officinalis*)

Standardized diterpenic compounds minimum 20% (5 mg),
including carnosic acid, carnosol, 12-methylcarnosic acid,
rosmanol and 7-methyl-rosmanol

Soy Isoflavone Concentrate (from *Glycine max*) 25 mg†
Genistin 5 mg, Daidzin 3.9 mg, Glycitin 1.1 mg

Ligna Equogen™ 500,000 viable cells‡ †
Proprietary Probiotic Complex
(*Enterococcus faecalis*, *Lactobacillus acidophilus*,
Bifidobacterium bifidus, *B. longum*)

†Daily Value not established.

‡At time of manufacture.

Other ingredients: Microcrystalline cellulose, silica, vegetable cellulose (USP) and purified water.

Manufactured with LOVE ♥ by **Natural Organics Laboratories, Inc.**
makers of **Nature's Plus**, Amityville, New York 11701, USA
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