# 1-000-9005-00



# Liquid Multi Orange Vanilla Flavor

32 Fluid Ounces Liquid Item #: VS-1912 / 1572809

#### **Product Label**

High Potency Formula with Ionic ConcenTrace(R) Multivitamin

#### Directions

Shake well before using. As a dietary supplement, mix 1 oz with water or juice. REFRIGERATE AFTER OPENING.

#### Warning

Not to be taken by pregnant or nursing women or children. Consult your physician prior to use if you have any medical condition or are taking any medication. Keep out reach from children.

### Does Not Contain:

Yeast, wheat, dairy, artificial colors or flavors added.

Supplement Facts
Serving Size 1 CAPFUL
Servings Per Container

Calories	Servings Fer container 32	Amount	%
Calories         5 N/A*           TOTAL CARBOHYDRATES         1 Gm N/A*           VITAMIN A (AS 50% BETA CAROTENE, 50% PALMITATE)         10000 IU 200%           Vitamin C (AS Ascorbic Acid)         300 Mg 500%           Vitamin D (AS Cholecalciferol)         400 IU 100%           Vitamin E (AS D-Alpha Tocopherol)         60 IU 200%           VITAMIN K (AS MENADIONE)         80 Mcg 100%           Thiamin (Vitamin B-1)(AS Thiamin Hydrochloride)         50 Mg 2941%           Niacin (Vitamin B-3)(AS Niacinamide)         40 Mg 200%           Vitamin B6 (AS Pyridoxine Hci)         10 Mg 500%           Folate (AS Folic Acid)         400 Mcg 100%           Vitamin B12 (AS Cyanocobalamin)         150 Mcg 2500%           Biotin         300 Mcg 100%           Pantothenic Acid (AS D-Calcium Pantothenate)         20 Mg 200%           CALCIUM (AS CITRATE, DICALCIUM PHOSPHATE, TRICALCIUM PHOSPHATE)         300 Mg 30%           Phosphorus         190 Mg 19%           Iodine (AS Potassium Iodide)         150 Mg 38%           Zinc (AS Gluconate)         150 Mg 38%           Zinc (AS Gluconate)         150 Mg 38%           SELENIUM (AS CITRATE, FROM CONCENTRACE)         15 Mg 100%           MANGANESE (AS GLUCONATE)         5 Mg 250%           Chromium (As Amino Acid Chelate)			
TOTAL CARBOHYDRATES  VITAMIN A (AS 50% BETA CAROTENE, 50% PALMITATE)  VITAMIN A (AS 50% BETA CAROTENE, 50% PALMITATE)  Vitamin C (AS Ascorbic Acid)  Vitamin D (AS Cholecalciferol)  Vitamin E (AS D-Alpha Tocopherol)  VITAMIN K (AS MENADIONE)  Thiamin (Vitamin B-1)(As Thiamin Hydrochloride)  Riboflavin (Vitamin B2)  Niacin (Vitamin B3)(As Niacinamide)  Vitamin B6 (AS Pyridoxine Hci)  Folate (AS Folic Acid)  Vitamin B12 (As Cyanocobalamin)  Biotin  Pantothenic Acid (AS D-Calcium Pantothenate)  CALCIUM (AS CITRATE, DICALCIUM PHOSPHATE, TRICALCIUM PHOSPHATE)  Phosphorus  Iodine (AS Potassium Iodide)  MAGNESIUM (AS CITRATE, FROM CONCENTRACE)  Zinc (AS Gluconate)  SELENIUM (AS L-SELENIUM METHIONINE)  COpper (AS Gluconate)  MANGANESE (AS GLUCONATE)  CONCENTRACE (IONIC TRACE MINERALS)  CONCENTRACE (IONIC TRACE MINERALS)  CONCENTRACE (IONIC TRACE MINERALS)  CONCENTRACE (IONIC TRACE MINERALS)  AMINO ACID COMPLEX  CItrus Bioflavanoids  ALOE VERA EXTRACT (200:1)  2 Mg N/A*  ALOE VERA EXTRACT (200:1)		Serving	Value
VITAMIN A (AS 50% BETA CAROTENE, 50% PALMITATE)         10000 IU 200%           Vitamin C (As Ascorbic Acid)         300 Mg 500%           Vitamin D (As Cholecalciferol)         400 IU 100%           Vitamin E (AS D-Alpha Tocopherol)         60 IU 200%           VITAMIN K (AS MENADIONE)         80 Mcg 100%           Thiamin (Vitamin B-1)(As Thiamin Hydrochloride)         50 Mg 3333%           Riboflavin (Vitamin B2)         50 Mg 2941%           Niacin (Vitamin B-3)(As Niacinamide)         40 Mg 200%           Vitamin B6 (As Pyridoxine Hci)         10 Mg 500%           Folate (As Folic Acid)         400 Mcg 100%           Vitamin B12 (As Cyanocobalamin)         150 Mcg 2500%           Biotin         300 Mcg 100%           Pantothenic Acid (As D-Calcium Pantothenate)         20 Mg 200%           CALCIUM (AS CITRATE, DICALCIUM PHOSPHATE, TRICALCIUM PHOSPHATE)         300 Mg 30%           Phosphorus         190 Mg 100%           Iodine (As Potassium Iodide)         150 Mcg 100%           MAGNESIUM (AS CITRATE, FROM CONCENTRACE)         150 Mg 38%           Zinc (As Gluconate)         2 Mg 100%           SELENIUM (AS CITRATE, FROM CONCENTRACE)         150 Mg 100%           SELENIUM (AS CITRATE, FROM CONCENTRACE)         150 Mg 100%           SELENIUM (AS GUICONATE)         2 Mg 100%	Calories .	5	N/A*
Vitamin C (As Ascorbic Acid)         300 Mg 500%           Vitamin D (As Cholecalciferol)         400 IU 100%           Vitamin E (As D-Alpha Tocopherol)         60 IU 200%           VITAMIN K (AS MENADIONE)         80 Mcg 100%           Thiamin (Vitamin B-1)(As Thiamin Hydrochloride)         50 Mg 3333%           Riboflavin (Vitamin B2)         50 Mg 2941%           Niacin (Vitamin B-3)(As Niacinamide)         40 Mg 200%           Vitamin B6 (As Pyridoxine Hci)         10 Mg 500%           Folate (As Folic Acid)         400 Mcg 100%           Vitamin B12 (As Cyanocobalamin)         150 Mcg 2500%           Biotin         300 Mcg 100%           Pantothenic Acid (As D-Calcium Pantothenate)         20 Mg 200%           CALCIUM (AS CITRATE, DICALCIUM PHOSPHATE, TRICALCIUM         300 Mg 30%           PHOSPHATE)         300 Mg 100%           Phosphorus         190 Mg 19%           Iodine (As Potassium Iodide)         150 Mcg 26%           MAGNESIUM (AS CITRATE, FROM CONCENTRACE)         150 Mg 38%           Zinc (As Gluconate)         2 Mg 100%           SELENIUM (AS L-SELENIUM METHIONINE)         200 Mcg 286%           Copper (As Gluconate)         2 Mg 100%           MANGANESE (AS GLUCONATE)         5 Mg 250%           Chromium (As Amino Acid Chelate)         12	TOTAL CARBOHYDRATES	1 Gm	N/A*
Vitamin D (As Cholecalciferol)         400 IU 100%           Vitamin E (As D-Alpha Tocopherol)         60 IU 200%           VITAMIN K (AS MENADIONE)         80 Mcg 100%           Thiamin (Vitamin B-1)(As Thiamin Hydrochloride)         50 Mg 3333%           Riboflavin (Vitamin B2)         50 Mg 2941%           Niacin (Vitamin B-3)(As Niacinamide)         40 Mg 200%           Vitamin B6 (As Pyridoxine Hci)         10 Mg 500%           Folate (As Folic Acid)         400 Mcg 100%           Vitamin B12 (As Cyanocobalamin)         150 Mcg 2500%           Biotin         300 Mcg 100%           Pantothenic Acid (As D-Calcium Pantothenate)         20 Mg 200%           CALCIUM (AS CITRATE, DICALCIUM PHOSPHATE, TRICALCIUM PHOSPHATE)         300 Mg 30%           Phosphorus         190 Mg 19%           Iodine (As Potassium Iodide)         150 Mcg 100%           MAGNESIUM (AS CITRATE, FROM CONCENTRACE)         150 Mg 38%           Zinc (As Gluconate)         150 Mg 38%           Zinc (As Gluconate)         2 Mg 100%           MANGANESE (AS GLUCONATE)         5 Mg 250%           Chromium (As Amino Acid Chelate)         120 Mcg 100%           MOLYBDENUM (AS POTASSIUM IODIDE, SORBATE AND TRACE MINERALS)         54 Mg 2%           CONCENTRACE (IONIC TRACE MINERALS)         378 Mg N/A*	VITAMIN A (AS 50% BETA CAROTENE, 50% PALMITATE)	10000 IU	200%
Vitamin E (As D-Alpha Tocopherol)         60 IU 200%           VITAMIN K (AS MENADIONE)         80 Mcg 100%           Thiamin (Vitamin B-1)(As Thiamin Hydrochloride)         50 Mg 3333%           Riboflavin (Vitamin B2)         50 Mg 2941%           Niacin (Vitamin B-3)(As Niacinamide)         40 Mg 200%           Vitamin B6 (As Pyridoxine Hci)         10 Mg 500%           Folate (As Folic Acid)         400 Mcg 100%           Vitamin B12 (As Cyanocobalamin)         150 Mcg 2500%           Biotin         300 Mcg 100%           Pantothenic Acid (As D-Calcium Pantothenate)         20 Mg 200%           CALCIUM (AS CITRATE, DICALCIUM PHOSPHATE, TRICALCIUM PHOSPHATE)         300 Mg 30%           Phosphorus         190 Mg 19%           Iodine (As Potassium Iodide)         150 Mcg 100%           MAGNESIUM (AS CITRATE, FROM CONCENTRACE)         150 Mg 38%           Zinc (As Gluconate)         15 Mg 100%           SELENIUM (AS CITRATE, FROM CONCENTRACE)         15 Mg 100%           MARGANESI (AS GLUCONATE)         2 Mg 100%           Copper (As Gluconate)         2 Mg 100%           MANGANESE (AS GLUCONATE)         5 Mg 250%           Chromium (As Amino Acid Chelate)         120 Mcg 100%           MOLYBDENUM (AS SODIUM MOLYBDATE)         75 Mcg 100%           POTASSIUM (AS POTA	Vitamin C (As Ascorbic Acid)	300 Mg	500%
VITAMIN K (AS MENADIONE)         80 Mcg         100%           Thiamin (Vitamin B-1)(As Thiamin Hydrochloride)         50 Mg         3333%           Riboflavin (Vitamin B-2)         50 Mg         2941%           Niacin (Vitamin B-3)(As Niacinamide)         40 Mg         200%           Vitamin B6 (As Pyridoxine Hci)         10 Mg         500%           Folate (As Folic Acid)         400 Mcg         100%           Vitamin B12 (As Cyanocobalamin)         150 Mcg         2500%           Biotin         300 Mcg         100%           Pantothenic Acid (As D-Calcium Pantothenate)         20 Mg         200%           CALCIUM (AS CITRATE, DICALCIUM PHOSPHATE, TRICALCIUM PHOSPHATE)         300 Mg         30%           Phosphorus         190 Mg         19%           Iodine (As Potassium Iodide)         150 Mcg         100%           MAGNESIUM (AS CITRATE, FROM CONCENTRACE)         150 Mg         38%           Zinc (As Gluconate)         15 Mg         100%           MAGNESIUM (AS CITRATE, FROM CONCENTRACE)         15 Mg         100%           SELENIUM (AS CITRATE, FROM CONCENTRACE)         15 Mg         100%           Copper (As Gluconate)         2 Mg         100%           MANGANESE (AS GLUCONATE)         5 Mg         20%	Vitamin D (As Cholecalciferol)	400 IU	100%
Thiamin (Vitamin B-1)(As Thiamin Hydrochloride)         50 Mg 3333%           Riboflavin (Vitamin B2)         50 Mg 2941%           Niacin (Vitamin B-3)(As Niacinamide)         40 Mg 200%           Vitamin B6 (As Pyridoxine Hci)         10 Mg 500%           Folate (As Folic Acid)         400 Mcg 100%           Vitamin B12 (As Cyanocobalamin)         150 Mcg 2500%           Biotin         300 Mcg 100%           Pantothenic Acid (As D-Calcium Pantothenate)         20 Mg 200%           CALCIUM (AS CITRATE, DICALCIUM PHOSPHATE, TRICALCIUM PHOSPHATE)         300 Mg 30%           Phosphorus         190 Mg 19%           Iodine (As Potassium Iodide)         150 Mcg 100%           MAGNESIUM (AS CITRATE, FROM CONCENTRACE)         150 Mg 38%           Zinc (As Gluconate)         15 Mg 100%           SELENIUM (AS L-SELENIUM METHIONINE)         200 Mcg 286%           Copper (As Gluconate)         2 Mg 100%           MANGANESE (AS GLUCONATE)         5 Mg 250%           Chromium (As Amino Acid Chelate)         120 Mcg 100%           MOLYBDENUM (AS SODIUM MOLYBDATE)         75 Mcg 100%           POTASSIUM (AS POTASSIUM IODIDE, SORBATE AND TRACE MINERALS)         378 Mg N/A*           Choline (As Bitartrate)         25 Mg N/A*           Inositol         50 Mg N/A*           AMINO ACID	Vitamin E (As D-Alpha Tocopherol)	60 IU	200%
Riboflavin (Vitamin B-2)       50 Mg 2941%         Niacin (Vitamin B-3)(As Niacinamide)       40 Mg 200%         Vitamin B6 (As Pyridoxine Hci)       10 Mg 500%         Folate (As Folic Acid)       400 Mcg 100%         Vitamin B12 (As Cyanocobalamin)       150 Mcg 2500%         Biotin       300 Mcg 100%         Pantothenic Acid (As D-Calcium Pantothenate)       20 Mg 200%         CALCIUM (AS CITRATE, DICALCIUM PHOSPHATE, TRICALCIUM PHOSPHATE)       300 Mg 30%         Phosphorus       190 Mg 19%         Iodine (As Potassium Iodide)       150 Mcg 100%         MAGNESIUM (AS CITRATE, FROM CONCENTRACE)       150 Mg 38%         Zinc (As Gluconate)       15 Mg 100%         SELENIUM (AS L-SELENIUM METHIONINE)       200 Mcg 286%         Copper (As Gluconate)       2 Mg 100%         MANGANESE (AS GLUCONATE)       5 Mg 250%         Chromium (As Amino Acid Chelate)       120 Mcg 100%         MOLYBDENUM (AS SODIUM MOLYBDATE)       75 Mcg 100%         POTASSIUM (AS POTASSIUM IODIDE, SORBATE AND TRACE MINERALS)       54 Mg 2%         CONCENTRACE (IONIC TRACE MINERALS)       378 Mg N/A*         Choline (As Bitartrate)       25 Mg N/A*         Inositol       50 Mg N/A*         AMINO ACID COMPLEX       10 Mg N/A*         Citrus Bioflavanoids </td <td>VITAMIN K (AS MENADIONE)</td> <td>80 Mcg</td> <td>100%</td>	VITAMIN K (AS MENADIONE)	80 Mcg	100%
Niacin (Vitamin B-3)(As Niacinamide)         40 Mg 200%           Vitamin B6 (As Pyridoxine Hci)         10 Mg 500%           Folate (As Folic Acid)         400 Mcg 100%           Vitamin B12 (As Cyanocobalamin)         150 Mcg 2500%           Biotin         300 Mcg 100%           Pantothenic Acid (As D-Calcium Pantothenate)         20 Mg 200%           CALCIUM (AS CITRATE, DICALCIUM PHOSPHATE, TRICALCIUM PHOSPHATE)         300 Mg 30%           Phosphorus         190 Mg 19%           Iodine (As Potassium Iodide)         150 Mcg 100%           MAGNESIUM (AS CITRATE, FROM CONCENTRACE)         150 Mg 38%           Zinc (As Gluconate)         15 Mg 100%           SELENIUM (AS L-SELENIUM METHIONINE)         200 Mcg 286%           Copper (As Gluconate)         2 Mg 100%           MANGANESE (AS GLUCONATE)         5 Mg 250%           Chromium (As Amino Acid Chelate)         120 Mcg 100%           MOLYBDENUM (AS POTASSIUM IODIDE, SORBATE AND TRACE MINERALS)         54 Mg 2%           CONCENTRACE (IONIC TRACE MINERALS)         378 Mg N/A*           Choline (As Bitartrate)         25 Mg N/A*           Inositol         50 Mg N/A*           AMINO ACID COMPLEX         10 Mg N/A*           ALOE VERA EXTRACT (200:1)         2 Mg N/A*	Thiamin (Vitamin B-1)(As Thiamin Hydrochloride)	50 Mg	3333%
Vitamin B6 (As Pyridoxine Hci)         10 Mg 500%           Folate (As Folic Acid)         400 Mcg 100%           Vitamin B12 (As Cyanocobalamin)         150 Mcg 2500%           Biotin         300 Mcg 100%           Pantothenic Acid (As D-Calcium Pantothenate)         20 Mg 200%           CALCIUM (AS CITRATE, DICALCIUM PHOSPHATE, TRICALCIUM PHOSPHATE)         300 Mg 30%           Phosphorus         190 Mg 19%           Iodine (As Potassium Iodide)         150 Mcg 100%           MAGNESIUM (AS CITRATE, FROM CONCENTRACE)         150 Mg 38%           Zinc (As Gluconate)         150 Mg 100%           SELENIUM (AS L-SELENIUM METHIONINE)         200 Mcg 286%           Copper (As Gluconate)         2 Mg 100%           MANGANESE (AS GLUCONATE)         5 Mg 250%           Chromium (As Amino Acid Chelate)         120 Mcg 100%           MOLYBDENUM (AS SODIUM MOLYBDATE)         75 Mcg 100%           POTASSIUM (AS POTASSIUM IODIDE, SORBATE AND TRACE MINERALS)         54 Mg 2%           CONCENTRACE (IONIC TRACE MINERALS)         378 Mg N/A*           Choline (As Bitartrate)         25 Mg N/A*           Inositol         50 Mg N/A*           AMINO ACID COMPLEX         10 Mg N/A*           ALOE VERA EXTRACT (200:1)         2 Mg N/A*	Riboflavin (Vitamin B2)	50 Mg	2941%
Folate (As Folic Acid)	Niacin (Vitamin B-3)(As Niacinamide)	40 Mg	200%
Vitamin B12 (As Cyanocobalamin)         150 Mcg 2500%           Biotin         300 Mcg 100%           Pantothenic Acid (As D-Calcium Pantothenate)         20 Mg 200%           CALCIUM (AS CITRATE, DICALCIUM PHOSPHATE, TRICALCIUM PHOSPHATE)         300 Mg 30%           Phosphorus         190 Mg 19%           Iodine (As Potassium Iodide)         150 Mcg 100%           MAGNESIUM (AS CITRATE, FROM CONCENTRACE)         150 Mg 38%           Zinc (As Gluconate)         15 Mg 100%           SELENIUM (AS L-SELENIUM METHIONINE)         200 Mcg 286%           Copper (As Gluconate)         2 Mg 100%           MANGANESE (AS GLUCONATE)         5 Mg 250%           Chromium (As Amino Acid Chelate)         120 Mcg 100%           MOLYBDENUM (AS SODIUM MOLYBDATE)         75 Mcg 100%           POTASSIUM (AS POTASSIUM IODIDE, SORBATE AND TRACE MINERALS)         54 Mg 2%           CONCENTRACE (IONIC TRACE MINERALS)         378 Mg N/A*           Choline (As Bitartrate)         25 Mg N/A*           Inositol         50 Mg N/A*           AMINO ACID COMPLEX         10 Mg N/A*           Citrus Bioflavanoids         25 Mg N/A*           ALOE VERA EXTRACT (200:1)         2 Mg N/A*	Vitamin B6 (As Pyridoxine Hci)	10 Mg	500%
Biotin         300 Mcg         100%           Pantothenic Acid (As D-Calcium Pantothenate)         20 Mg         200%           CALCIUM (AS CITRATE, DICALCIUM PHOSPHATE, TRICALCIUM PHOSPHATE)         300 Mg         30%           Phosphorus         190 Mg         19%           Iodine (As Potassium Iodide)         150 Mcg         100%           MAGNESIUM (AS CITRATE, FROM CONCENTRACE)         150 Mg         38%           Zinc (As Gluconate)         15 Mg         100%           SELENIUM (AS L-SELENIUM METHIONINE)         200 Mcg         286%           Copper (As Gluconate)         2 Mg         100%           MANGANESE (AS GLUCONATE)         5 Mg         250%           Chromium (As Amino Acid Chelate)         120 Mcg         100%           MOLYBDENUM (AS SODIUM MOLYBDATE)         75 Mcg         100%           POTASSIUM (AS POTASSIUM IODIDE, SORBATE AND TRACE MINERALS)         54 Mg         2%           CONCENTRACE (IONIC TRACE MINERALS)         378 Mg         N/A*           Choline (As Bitartrate)         25 Mg         N/A*           Inositol         50 Mg         N/A*           AMINO ACID COMPLEX         10 Mg         N/A*           ALOE VERA EXTRACT (200:1)         2 Mg         N/A*	Folate (As Folic Acid)	400 Mcg	100%
Pantothenic Acid (As D-Calcium Pantothenate)         20 Mg 200%           CALCIUM (AS CITRATE, DICALCIUM PHOSPHATE, TRICALCIUM PHOSPHATE)         300 Mg 30%           Phosphorus         190 Mg 19%           Iodine (As Potassium Iodide)         150 Mcg 100%           MAGNESIUM (AS CITRATE, FROM CONCENTRACE)         150 Mg 38%           Zinc (As Gluconate)         15 Mg 100%           SELENIUM (AS L-SELENIUM METHIONINE)         200 Mcg 286%           Copper (As Gluconate)         2 Mg 100%           MANGANESE (AS GLUCONATE)         5 Mg 250%           Chromium (As Amino Acid Chelate)         120 Mcg 100%           MOLYBDENUM (AS SODIUM MOLYBDATE)         75 Mcg 100%           POTASSIUM (AS POTASSIUM IODIDE, SORBATE AND TRACE MINERALS)         54 Mg 2%           CONCENTRACE (IONIC TRACE MINERALS)         378 Mg N/A*           Choline (As Bitartrate)         25 Mg N/A*           Inositol         50 Mg N/A*           AMINO ACID COMPLEX         10 Mg N/A*           Citrus Bioflavanoids         25 Mg N/A*           ALOE VERA EXTRACT (200:1)         2 Mg N/A*	Vitamin B12 (As Cyanocobalamin)	150 Mcg	2500%
CALCIUM (AS CITRATE, DICALCIUM PHOSPHATE, TRICALCIUM PHOSPHATE)         300 Mg         30%           Phosphorus         190 Mg         19%           Iodine (As Potassium Iodide)         150 Mcg         100%           MAGNESIUM (AS CITRATE, FROM CONCENTRACE)         150 Mg         38%           Zinc (As Gluconate)         15 Mg         100%           SELENIUM (AS L-SELENIUM METHIONINE)         200 Mcg         286%           Copper (As Gluconate)         2 Mg         100%           MANGANESE (AS GLUCONATE)         5 Mg         250%           Chromium (As Amino Acid Chelate)         120 Mcg         100%           MOLYBDENUM (AS SODIUM MOLYBDATE)         75 Mcg         100%           POTASSIUM (AS POTASSIUM IODIDE, SORBATE AND TRACE MINERALS)         54 Mg         2%           CONCENTRACE (IONIC TRACE MINERALS)         378 Mg         N/A*           Choline (As Bitartrate)         25 Mg         N/A*           Inositol         50 Mg         N/A*           AMINO ACID COMPLEX         10 Mg         N/A*           ALOE VERA EXTRACT (200:1)         2 Mg         N/A*	Biotin	300 Mcg	100%
PHOSPHATE)         300 Mg         30%           Phosphorus         190 Mg         19%           Iodine (As Potassium Iodide)         150 Mcg         100%           MAGNESIUM (AS CITRATE, FROM CONCENTRACE)         150 Mg         38%           Zinc (As Gluconate)         15 Mg         100%           SELENIUM (AS L-SELENIUM METHIONINE)         200 Mcg         286%           Copper (As Gluconate)         2 Mg         100%           MANGANESE (AS GLUCONATE)         5 Mg         250%           Chromium (As Amino Acid Chelate)         120 Mcg         100%           MOLYBDENUM (AS SODIUM MOLYBDATE)         75 Mcg         100%           POTASSIUM (AS POTASSIUM IODIDE, SORBATE AND TRACE MINERALS)         54 Mg         2%           CONCENTRACE (IONIC TRACE MINERALS)         378 Mg         N/A*           Choline (As Bitartrate)         25 Mg         N/A*           Inositol         50 Mg         N/A*           AMINO ACID COMPLEX         10 Mg         N/A*           Citrus Bioflavanoids         25 Mg         N/A*           ALOE VERA EXTRACT (200:1)         2 Mg         N/A*	Pantothenic Acid (As D-Calcium Pantothenate)	20 Mg	200%
Indine (As Potassium Iodide)   ISO Mcg   100%   MAGNESIUM (AS CITRATE, FROM CONCENTRACE)   ISO Mg   38%   ISO Mg   ISO		300 Mg	30%
MAGNESIUM (AS CITRATE, FROM CONCENTRACE)         150 Mg         38%           Zinc (As Gluconate)         15 Mg         100%           SELENIUM (AS L-SELENIUM METHIONINE)         200 Mcg         286%           Copper (As Gluconate)         2 Mg         100%           MANGANESE (AS GLUCONATE)         5 Mg         250%           Chromium (As Amino Acid Chelate)         120 Mcg         100%           MOLYBDENUM (AS SODIUM MOLYBDATE)         75 Mcg         100%           POTASSIUM (AS POTASSIUM IODIDE, SORBATE AND TRACE MINERALS)         54 Mg         2%           CONCENTRACE (IONIC TRACE MINERALS)         378 Mg         N/A*           Choline (As Bitartrate)         25 Mg         N/A*           Inositol         50 Mg         N/A*           AMINO ACID COMPLEX         10 Mg         N/A*           Citrus Bioflavanoids         25 Mg         N/A*           ALOE VERA EXTRACT (200:1)         2 Mg         N/A*	Phosphorus	190 Mg	19%
Zinc (As Gluconate)         15 Mg         100%           SELENIUM (AS L-SELENIUM METHIONINE)         200 Mcg         286%           Copper (As Gluconate)         2 Mg         100%           MANGANESE (AS GLUCONATE)         5 Mg         250%           Chromium (As Amino Acid Chelate)         120 Mcg         100%           MOLYBDENUM (AS SODIUM MOLYBDATE)         75 Mcg         100%           POTASSIUM (AS POTASSIUM IODIDE, SORBATE AND TRACE MINERALS)         54 Mg         2%           CONCENTRACE (IONIC TRACE MINERALS)         378 Mg         N/A*           Choline (As Bitartrate)         25 Mg         N/A*           Inositol         50 Mg         N/A*           AMINO ACID COMPLEX         10 Mg         N/A*           Citrus Bioflavanoids         25 Mg         N/A*           ALOE VERA EXTRACT (200:1)         2 Mg         N/A*	Iodine (As Potassium Iodide)	150 Mcg	100%
SELENIUM (AS L-SELENIUM METHIONINE)         200 Mcg         286%           Copper (As Gluconate)         2 Mg         100%           MANGANESE (AS GLUCONATE)         5 Mg         250%           Chromium (As Amino Acid Chelate)         120 Mcg         100%           MOLYBDENUM (AS SODIUM MOLYBDATE)         75 Mcg         100%           POTASSIUM (AS POTASSIUM IODIDE, SORBATE AND TRACE MINERALS)         54 Mg         2%           CONCENTRACE (IONIC TRACE MINERALS)         378 Mg         N/A*           Choline (As Bitartrate)         25 Mg         N/A*           Inositol         50 Mg         N/A*           AMINO ACID COMPLEX         10 Mg         N/A*           Citrus Bioflavanoids         25 Mg         N/A*           ALOE VERA EXTRACT (200:1)         2 Mg         N/A*	MAGNESIUM (AS CITRATE, FROM CONCENTRACE)	150 Mg	38%
Copper (As Gluconate)         2 Mg 100%           MANGANESE (AS GLUCONATE)         5 Mg 250%           Chromium (As Amino Acid Chelate)         120 Mcg 100%           MOLYBDENUM (AS SODIUM MOLYBDATE)         75 Mcg 100%           POTASSIUM (AS POTASSIUM IODIDE, SORBATE AND TRACE MINERALS)         54 Mg 2%           CONCENTRACE (IONIC TRACE MINERALS)         378 Mg N/A*           Choline (As Bitartrate)         25 Mg N/A*           Inositol         50 Mg N/A*           AMINO ACID COMPLEX         10 Mg N/A*           Citrus Bioflavanoids         25 Mg N/A*           ALOE VERA EXTRACT (200:1)         2 Mg N/A*	Zinc (As Gluconate)	15 Mg	100%
MANGANESE (AS GLUCONATE)         5 Mg         250%           Chromium (As Amino Acid Chelate)         120 Mcg         100%           MOLYBDENUM (AS SODIUM MOLYBDATE)         75 Mcg         100%           POTASSIUM (AS POTASSIUM IODIDE, SORBATE AND TRACE MINERALS)         54 Mg         2%           CONCENTRACE (IONIC TRACE MINERALS)         378 Mg         N/A*           Choline (As Bitartrate)         25 Mg         N/A*           Inositol         50 Mg         N/A*           AMINO ACID COMPLEX         10 Mg         N/A*           Citrus Bioflavanoids         25 Mg         N/A*           ALOE VERA EXTRACT (200:1)         2 Mg         N/A*	SELENIUM (AS L-SELENIUM METHIONINE)	200 Mcg	286%
Chromium (As Amino Acid Chelate)         120 Mcg         100%           MOLYBDENUM (AS SODIUM MOLYBDATE)         75 Mcg         100%           POTASSIUM (AS POTASSIUM IODIDE, SORBATE AND TRACE MINERALS)         54 Mg         2%           CONCENTRACE (IONIC TRACE MINERALS)         378 Mg         N/A*           Choline (As Bitartrate)         25 Mg         N/A*           Inositol         50 Mg         N/A*           AMINO ACID COMPLEX         10 Mg         N/A*           Citrus Bioflavanoids         25 Mg         N/A*           ALOE VERA EXTRACT (200:1)         2 Mg         N/A*	Copper (As Gluconate)	2 Mg	100%
MOLYBDENUM (AS SODIUM MOLYBDATE)         75 Mcg         100%           POTASSIUM (AS POTASSIUM IODIDE, SORBATE AND TRACE MINERALS)         54 Mg         2%           CONCENTRACE (IONIC TRACE MINERALS)         378 Mg         N/A*           Choline (As Bitartrate)         25 Mg         N/A*           Inositol         50 Mg         N/A*           AMINO ACID COMPLEX         10 Mg         N/A*           Citrus Bioflavanoids         25 Mg         N/A*           ALOE VERA EXTRACT (200:1)         2 Mg         N/A*	MANGANESE (AS GLUCONATE)	5 Mg	250%
POTASSIUM (AS POTASSIUM IODIDE, SORBATE AND TRACE MINERALS)         54 Mg         2%           CONCENTRACE (IONIC TRACE MINERALS)         378 Mg         N/A*           Choline (As Bitartrate)         25 Mg         N/A*           Inositol         50 Mg         N/A*           AMINO ACID COMPLEX         10 Mg         N/A*           Citrus Bioflavanoids         25 Mg         N/A*           ALOE VERA EXTRACT (200:1)         2 Mg         N/A*	Chromium (As Amino Acid Chelate)	120 Mcg	100%
MINERALS)         34 Mg         2%           CONCENTRACE (IONIC TRACE MINERALS)         378 Mg         N/A*           Choline (As Bitartrate)         25 Mg         N/A*           Inositol         50 Mg         N/A*           AMINO ACID COMPLEX         10 Mg         N/A*           Citrus Bioflavanoids         25 Mg         N/A*           ALOE VERA EXTRACT (200:1)         2 Mg         N/A*	MOLYBDENUM (AS SODIUM MOLYBDATE)	75 Mcg	100%
Choline (As Bitartrate)         25 Mg         N/A*           Inositol         50 Mg         N/A*           AMINO ACID COMPLEX         10 Mg         N/A*           Citrus Bioflavanoids         25 Mg         N/A*           ALOE VERA EXTRACT (200:1)         2 Mg         N/A*		54 Mg	2%
Inositol         50 Mg         N/A*           AMINO ACID COMPLEX         10 Mg         N/A*           Citrus Bioflavanoids         25 Mg         N/A*           ALOE VERA EXTRACT (200:1)         2 Mg         N/A*	CONCENTRACE (IONIC TRACE MINERALS)	378 Mg	N/A*
AMINO ACID COMPLEX         10 Mg N/A*           Citrus Bioflavanoids         25 Mg N/A*           ALOE VERA EXTRACT (200:1)         2 Mg N/A*	Choline (As Bitartrate)	25 Mg	N/A*
Citrus Bioflavanoids         25 Mg         N/A*           ALOE VERA EXTRACT (200:1)         2 Mg         N/A*	Inositol	50 Mg	N/A*
ALOE VERA EXTRACT (200:1) 2 Mg N/A*	AMINO ACID COMPLEX	10 Mg	N/A*
	Citrus Bioflavanoids	25 Mg	N/A*
BORON (AS ASCORBATE) 1 Mg N/A*	ALOE VERA EXTRACT (200:1)	2 Mg	N/A*
	BORON (AS ASCORBATE)	1 Mg	N/A*

<sup>\*</sup> Daily value not established

## Other Ingredients:

Purfied Water, Natural vegetable glycerine, natural flavor blend, citric acid, xanthan gum, potassium sorbate, sodium benzoate. Contains Soy and fish (cod, pollock, haddock, hake, cusk, redfish, sole, flounder)