

Nutritional Support for Overall Well-Being.*

Free from artificial colors and preservatives. Free from the common allergens yeast, wheat, corn, and milk. Contains fish and soy.

OMEGA 3 Complete conforms to the strictest standards for purity, including California's Proposition 65.

DIRECTIONS: As a dietary supplement for EPA, DHA, and essential nutrients, one softgel twice daily.

**KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.**

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Manufactured with LOVE ♥ for **NATURE'S PLUS**
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Div. of Natural Organics, Inc.

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PRODUCT NO. 3965



Nature's Plus®
The Energy Supplements®

EPA and DHA

OMEGA

3 Complete



ESSENTIAL FATTY ACIDS FROM FISH OIL
Dietary Supplement

60 SOFTGELS

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	%DV
Calories	15
Calories from Fat	15
Total Fat	1.5 g ... 2% **
Polyunsaturated Fat	1.5 g
Vitamin E	50 IU ... 167% (as d-alpha tocopheryl acetate)
Vitamin B-6 (as pyridoxine HCl)	10 mg ... 500%
Magnesium (as aspartate)	60 mg ... 15%
Selenium (as [Biotron] yeast-free amino acid complex)	25 mcg ... 36%
Marine Lipid Concentrate	900 mg ... † (from salmon and tuna oils)
Supplying:	
Eicosapentaenoic Acid (EPA)	162 mg
Docosahexaenoic Acid (DHA)	108 mg
Total Omega-3 Fatty Acids	270 mg
Garlic (<i>Allium sativum</i> clove)	1 mg ... † (equivalent to 500 mg of fresh garlic)

** Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value (DV) not established.

Other ingredients: Gelatin, glycerin, carob and purified water.