

ACTUAL SIZE



CODE 0078

V2

Manufactured by NOW FOODS, BLOOMINGDALE, IL 60108
Made in the U.S.A. www.nowfoods.com

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

SUGGESTED USAGE: As a dietary supplement, take 1 Vcap® 1 to 2 times daily, preferably with meals. Consider taking this product in combination with NOW® L-Proline, Vitamin C and L-Lysine. L-Carnosine is classified as a dipeptide, which is a combination of two amino acids, in this case alanine and histidine. It naturally occurs in high concentrations in skeletal muscle tissue, and therefore may support muscle vitality. L-Carnosine is also an antioxidant that stabilizes cellular membranes, protecting them from damage by free radicals.* Because L-Carnosine is only found in vertebrates, it is especially important for persons who do not consume beef, pork or chicken.



L-Carnosine

ANTIOXIDANT

500 mg

- Supports Muscle Vitality
- Cell Membrane Protection*

50 Vcaps®

A Dietary Supplement
Vegetarian Formula



Supplement Facts

Serving Size 1 Vcap®

Amount Per Serving	
L-Carnosine (β-alanyl-L-histidine)	500 mg*

* Daily Value not established.

Other ingredients: Cellulose (capsule), Stearic Acid (vegetable source) and Magnesium Stearate (vegetable source).

Contains no sugar, salt, starch, yeast, wheat, gluten, corn, soy, milk, egg, shellfish or preservatives.

Vegetarian/Vegan Product.

Vcaps® is a registered trademark of Capsugel.

Warning: Keep out of reach of children. Not recommended for pregnant or lactating women.

Do Not Eat Freshness Packet. Keep in Bottle.

Store in a cool, dry place. Please Recycle.