

TABLET SIZE

Do Not Eat Freshness Packet. Keep in Bottle.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Glutamine has recently been the focus of much scientific interest. A growing body of evidence suggests that during certain stressful times, the body may require more Glutamine than it can produce. Under these circumstances Glutamine may be considered a "conditionally essential" amino acid. Glutamine is involved in maintaining a positive nitrogen balance (an anabolic state) and also aids rapidly growing cells (immune system lymphocytes and intestinal cell enterocytes). In addition, Glutamine is a regulator of acid-base balance and a nitrogen transporter.*

SUGGESTED USAGE: As a dietary supplement, take 2 tablets 1 to 2 times daily, preferably between meals. Consider taking these other NOW® products: B-6, P-5-P and Whey Protein.

**Extra Strength
Pharmaceutical Grade
Supports Muscle Mass*
180 Tablets**

A Dietary Supplement Vegetarian/Vegan



L-Glutamine

1500 mg



Supplement Facts

Serving Size 2 Tablets Servings Per Container 90

Amount Per Serving

L-Glutamine (Free-Form) 3 g (3,000 mg)*

* Daily Value not established.

Other ingredients: Cellulose, Stearic Acid (vegetable source), Vegetarian Coating, Croscarmellose Sodium, Magnesium Stearate (vegetable source) and Silica.

Manufactured by NOW FOODS

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For more product information visit www.nowfoods.com/0095

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

This product has three times the L-Glutamine (1,500 mg per tablet) as in our regular strength product (500 mg per capsule).

This product contains Pharmaceutical Grade L-Glutamine.

Store in a cool, dry place after opening. Please Recycle.

Made in the USA

CODE 0095B

V4

