

TABLET SIZE

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Do Not Eat Freshness Packet. Keep in Bottle.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Glutamine has recently been the focus of much scientific interest. A growing body of evidence suggests that during certain stressful times, the body may require more Glutamine than it can produce. Under these circumstances Glutamine may be considered a "conditionally essential" amino acid. Glutamine is involved in maintaining a positive nitrogen balance (an anabolic state) and also aids rapidly growing cells (immune system lymphocytes and intestinal cell enterocytes). In addition, Glutamine is a regulator of acid-base balance and a nitrogen transporter.*

SUGGESTED USAGE: As a dietary supplement, take 2 tablets 1 to 2 times daily, preferably between meals. Consider taking these other NOW® products: B-6, P-5-P and Whey Protein.

L-Glutamine

1500 mg

Highest Potency
Pharmaceutical Grade
Supports Muscle Mass*

180 Tablets

A Dietary Supplement Vegetarian/Vegan



Supplement Facts

Serving Size 2 Tablets Servings Per Container 90

Amount Per Serving

L-Glutamine (Free-Form) 3 g (3,000 mg)*

* Daily Value not established.

Other ingredients: Cellulose, Stearic Acid (vegetable source), Vegetarian Coating and Silica.

Manufactured by NOW FOODS

395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA

For more product information visit www.nowfoods.com/0095

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

This product contains Pharmaceutical Grade L-Glutamine.

Store in a cool, dry place after opening. Please Recycle.