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GNC QUALITY COMMITMENT
For more than 75 years, GNC has been the leader in the development and manufacture of dietary supplements and is committed to producing the most superior products. We use only the highest quality ingredients manufactured under the strictest quality controls. Every raw material used is tested to ensure its purity and potency. Each product is dated and then shipped immediately to our stores to ensure that you are purchasing the freshest supplements available.

GNC GUARANTEE
If you are not 100% completely satisfied, return the unused portion of the product with your receipt to a GNC store within 30 days. Our trained sales staff will either refund your purchase price or, if you prefer, assist you in finding a replacement product to help you LIVE WELL.



WOMEN’S PRENATAL FORMULA WITH DHA

GNC Prenatal Formula with DHA is a premium multivitamin that provides nutritional support for both mother and baby before, during and after pregnancy. Pregnancy is a special time in a woman’s life and an important time to be mindful not only of your individual nutritional needs, but the nutritional needs of your baby as well. Maternal nutrition before and during pregnancy affects both your well-being and your infant’s growth. As your baby develops through the early phases of life, your nutritional needs will also increase. After delivery, you need an adequate diet rich in essential nutrients such as calcium and folic acid to support nursing and replace depleted nutrient stores. This delicately blended multivitamin with DHA offers supplemental nutritional support for both you and your baby.

Nutritional Support

- Supplies a balanced nutritional blend combining vitamins, minerals and antioxidants to supplement a healthy diet. Emerging research suggests that antioxidants can help protect the body from harmful free radicals that can destroy healthy cells.*

DHA

- Features 500 mg of DHA, an important omega-3 fatty acid. DHA plays a vital role in supporting the healthy development of a fetus’ brain, eyes, and nervous system.

Folic Acid

- Provides 1,000 mcg of folic acid, critical during the earliest weeks of pregnancy when a baby’s organs are forming. Adequate intake of folic acid in a healthy diet before and during early pregnancy may reduce the risk of birth defects of the brain and spinal cord. Folic acid is also required for cell growth and DNA formation.*

Calcium & Bone Health

- Features 600 mg of bone-strengthening calcium which is vital during pregnancy, especially during the third trimester when fetal bones begin to calcify. If a mother’s calcium level drops, her body can pull calcium from her bones resulting in loss of bone density. Also includes 400 IU of vitamin D-3 to enhance calcium absorption.*

Iron

- Includes iron to support placental and fetal needs and a mother’s increased blood volume.*

A complete nutritional program should be followed prior to conception through pregnancy and maintained while breastfeeding. Talk to your doctor about adding GNC Prenatal Formula with DHA to your daily nutritional regimen.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



WOMEN’S
Prenatal
Formula
with DHA

Dietary Supplement

NUTRITIONAL INSURANCE
FOR MOM & BABY

- 500 mg of DHA to support healthy brain and eye function development*
- 1,000 mcg of folic acid to support healthy fetal development*
- 600 mg of bone-strengthening calcium*
- 400 IU of vitamin D-3 to enhance calcium absorption*
- Iron to support increased blood volume*

90 SOFTGELS

NEW
Prenatal

CODE 286712 LMG
Directions: As a dietary supplement, take three softgel capsules daily with food.

Supplement Facts

Serving Size Three Softgel Capsules
Servings Per Container 30

Amount Per Serving	% Daily Value†
Calories	15
Calories from Fat	15
Total Fat	1.5 g 2%†
Vitamin A (as beta-Carotene)	4500 IU 56%
Vitamin C (as Ascorbic Acid)	120 mg 200%
Vitamin D (as Cholecalciferol D-3)	400 IU 100%
Vitamin E (as dl-alpha Tocopheryl Acetate)	30 IU 100%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	1.4 mg 82%
Riboflavin (Vitamin B-2)	1.6 mg 80%
Niacin (as Niacinamide)	18 mg 90%
Vitamin B-6 (as Pyridoxine Hydrochloride)	10 mg 400%
Folic Acid	1000 mcg 125%
Vitamin B-12 (as Cyanocobalamin)	8 mcg 100%
Biotin	35 mcg 12%
Pantothenic Acid (as Calcium d-Pantothenate)	7 mg 70%
Calcium (as Calcium Carbonate)	600 mg 46%
Iron (as Ferrous Fumarate)	18 mg 100%
Iodine (as Potassium Iodide)	290 mcg 193%
Magnesium (as Magnesium Oxide)	200 mg 44%
Zinc (as Zinc Oxide)	15 mg 100%
Copper (as Cupric Oxide)	1.3 mg 65%
Selenium (as Selenium Yeast)	70 mcg *
Manganese (as Manganese Sulfate)	2.6 mg *
Chromium (as Chromium Chloride)	45 mcg *
DHA (Docosahexaenoic Acid)	500 mg *
Choline (as Choline Bitartrate)	550 mcg *

† Percent Daily Value based on a 2,000 calorie diet.
‡ Daily Value for pregnant or lactating women.
* Daily Value not established.

Other Ingredients: Soybean Oil, Gelatin, Glycerin, Caramel Color, Titanium Dioxide (Natural Mineral Whitener).

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Folic Acid intake should not exceed 125% of the DV (1000 mcg).
Conforms to USP <2091> for weight. Meets USP <2040> disintegration.
No Sugar, No Starch, No Preservatives, No Artificial Colors, No Artificial Flavors, No Wheat, No Gluten, No Dairy.
KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.