

CAPSULE SIZE



Double Strength Taurine

NERVOUS SYSTEM HEALTH

1000 mg

• Supports A Calm Mood*

250 Capsules

A Dietary Supplement



SUGGESTED USAGE: As a dietary supplement, take 1 capsule 1 to 2 times daily with juice or water, preferably between meals. Consider taking these other NOW® products: Magnesium Potassium Aspartate and B-6.

NOW® Double Strength Taurine has twice the Taurine (1000 mg per capsule) as in our regular strength product (500 mg per capsule). Taurine is a conditionally essential amino acid which is not utilized in protein synthesis, but is mainly found free in most tissues, especially throughout the nervous system. Taurine has been found to be important in the formation of bile salts, cell membrane stabilization, and eye health. Taurine is well known for its role in the modulation of neurotransmitter activity and its relaxing effect on the mood.*

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Do Not Eat Freshness Packet. Keep in Bottle.



Made in the USA

CODE 0143 V1

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	
Taurine (Free-Form)	1.0 g (1,000 mg)*

* Daily Value not established.

Other ingredients: Gelatin (capsule) and Stearic Acid (vegetable source).

Manufactured by NOW FOODS

395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA

For more product information visit www.nowfoods.com/0143

Store in a cool, dry place after opening. Please Recycle.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.