

ACTUAL SIZE

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CODE 0140

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*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Taurine is a conditionally essential amino acid which is not utilized in protein synthesis, but is mainly found free in most tissues, especially throughout the nervous system. Taurine has been found to be important in the formation of bile salts, cell membrane stabilization, and eye health. Taurine is well known for its role in the modulation of neurotransmitter activity and its relaxing effect on the mood.*

SUGGESTED USAGE: As a dietary supplement, take 1 capsule 1 to 4 times daily with juice or water, preferably between meals. Consider taking this product in combination with NOW® Magnesium Potassium Aspartate and B-6.



Taurine

NERVOUS SYSTEM HEALTH

500 mg

• Supports A Calm Mood*

100 Capsules

A Dietary Supplement



Supplement Facts

Serving Size 1 Capsule

Amount Per Serving

Taurine (Free-Form)

500 mg*

* Daily Value not established.

Other ingredients: Rice Flour and Gelatin (capsule).

Contains no sugar, salt, yeast, wheat, gluten, corn, soy, milk, egg, shellfish or preservatives.

Do Not Eat Freshness Packet. Keep in Bottle.

Store in a cool, dry place. Please Recycle.

Manufactured by NOW FOODS, BLOOMINGDALE, IL 60108

Made in the U.S.A.

www.nowfoods.com