

1-000-9537-00



Ultimate Woman Calcium Plus

90 Tablets Item #: VS-2319 / 1668896

Product Label

Maintains Healthy Bones and Teeth*

Ultimate Woman Calcium Plus Supports Bones and Heart health!

The Vitamin Shoppe's Ultimate Woman Calcium Plus is specifically formulated to supply women with calcium and other supportive nutrients. These nutrients not only play important roles in bone and cardiovascular health, but help ensure calcium is delivered to where it is supposed to be, in your bones. Ultimate Woman Calcium Plus includes:

Calcium - involved in numerous processes in the body, including building healthy bone tissue.

Vitamin K2 - Natural K2 is involved in bone metabolism, bone mineralization and cardiovascular health. Vitamin K activates osteocalcin, a special protein that is needed for calcium to build strong, health bones.

Vitamin D - a hormone like nutrient that aids in the absorption of calcium for bone health.

Magnesium - found mostly in our bones and other tissues, this essential mineral is involved in over 300 metabolic reactions and has a complex relationship with calcium. Magnesium plays a role in bone metabolism, bone density, and cardiovascular function.

Directions

As a dietary supplement, take two (2) tablets once or twice daily, preferably with a meal.

Warning

KEEP OUT OF REACH OF CHILDREN.

Does Not Contain:

Wheat, Dairy, Fish, Sugar, Salt, Citrus, Artificial Colors or Flavors Added. Contains Soy.

Supplement Facts

Serving Size 2 TABLETS

Servings Per Container 45

	Amount Per Serving	% Daily Value
Vitamin D(As Ergocalciferol)	1000 IU	300%
VITAMIN K (AS MENAQUINONE-7)	25 Mcg	N/A*
CALCIUM (AS CARBONATE & CITRATE)	500 Mg	100%
MAGNESIUM (AS OXIDE & CITRATE)	250 Mg	100%

* Daily value not established

Other Ingredients:

Microcrystalline cellulose, vegetable stearic acid, dicalcium phosphate, vegetable stearic acid, dicalcium phosphate, vegetable magnesium stearate, silicon dioxide, croscarmellose sodium, purified water, hydroxypropyl methylcellulose, polyethylene glycol. Contains Soy.