

Bonus 35 Free

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CODE 9570

Manufactured by NOW FOODS, BLOOMINGDALE, IL 60108

Made in the U.S.A.

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ACTUAL SIZE



Glucosamine & Chondroitin

plus MSM 3-A-Day

180 + 35 Free Capsules

A Dietary Supplement



SUGGESTED USAGE: As a dietary supplement, take 3 capsules daily with meals or on an empty stomach.

NOW® Glucosamine, Chondroitin & MSM combines three of the most popular and effective nutrients for supporting joint health in one dietary supplement. Our Glucosamine and Chondroitin are both 100% sulfate, the most studied form of these nutrients. In addition, we also include the Lignisul® brand MSM (methylsulphonylmethane), an organic form of sulfur found in all living organisms. Studies have shown that these nutrients provide dietary components that support healthy joint structure and function.* Look for other fine NOW® products in health food stores nationwide.

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

CAUTION: PLEASE DISCARD THE MEDIBLE FRESHNESS PACKET ENCLOSED.

This seal certifies that the manufacturer of this product uses quality systems and procedures that comply with NNFA's Dietary Supplement GMP standards. The quality of individual ingredients, however, has not been certified.

Supplement Facts

Serving Size 3 Capsules
Servings Per Container 71

	Amount Per Serving	%Daily Value
Calories	10	
Total Carbohydrate	2 g	< 1%*
Sodium	110 mg	4%
Potassium (as Potassium Chloride)	245 mg	6%
Glucosamine Sulfate (from 1500 mg Glucosamine Potassium Sulfate Complex)	1.1 g (1,100 mg)	†
Chondroitin Sodium Sulfate (from Bovine Cartilage)	1.2 g (1,200 mg)	†
MSM (as Lignisul® MSM)	300 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: Gelatin (capsule) and Magnesium Stearate.

Contains no yeast, wheat, gluten, corn, soy, milk, sugar, preservatives or artificial colors.

Lignisul® MSM is a registered trademark of Carolwood Corporation.

Warning: Persons with a known allergy to shellfish should not use this product.