



Electro Endurance™

Endurance & Recovery Drink Mix

- Increases Endurance During Exercise
- Speeds Muscle Recovery After Exercise*
- With Whey Protein Hydrolysate

Orange Flavor

Net Wt. 45 g (1.59 oz)

A Dietary Supplement



These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

NOW® Electro Endurance™ contains all of the elements necessary for post-exercise recovery. Electro Endurance™ combines a special mix of simple and complex carbohydrates, protein, and electrolytes to promote rapid recovery from hard exercise.*

assimilated protein maximizes amino acid uptake into muscle cells, thereby helping to prevent the onset of fatigue.

immediate replacement of minerals and carbohydrate, when combined with easily According to research, performance and endurance. restoration of glycogen stores, replacement, muscle recovery, optimization of electrolyte nutrition can be critical for indicated that post-exercise Scientific studies have tissue is being stressed. depleted. In addition, muscle (carbohydrate) stores are (electrolytes), and glycogen During exercise, the body loses water and minerals

PERFORMANCE!

recovery and ultimately athletes seeking endurance, the perfect supplement for all NOW® Electro Endurance™ is Acids, Creatine and Ribose. NOW® Branched Chain Amino Electro Endurance™ with nutritional goals, try combining To further enhance your during, and after your workout. favorite beverage before, 8 to 12 fl. oz. of water or your (g) of Electro Endurance™ with best results, mix 1 packet (45

Supplement Facts

Serving Size 1 Packet (45 g)

Amount Per Serving	% Daily Value
Calories 150	
Total Fat < 1.5 g	< 3%
Cholesterol 5 mg	10%
Total Carbohydrate 30 g	10%
Sugars 25 g	†
Protein 6 g	12%
Beta-Carotene (as pro-Vitamin A 780 mcg)	1300 IU
Vitamin C (as Ascorbic Acid) 250 mg	417%
Vitamin E (as d-alpha Tocopheryl Acetate) 30 IU	100%
Calcium (from Calcium Citrate) 50 mg	5%
Magnesium (from Magnesium Citrate) 180 mg	45%
Sodium 65 mg	3%
Potassium (from Potassium Gluconate) 250 mg	7%
Whey Protein Hydrolysate (Instantized) 4.0 g	†
L-Glutamine (Free-Form) 1.0 g	†
L-Arginine (Free-Form) 500 mg	†
L-Valine (Free-Form) 500 mg	†
Calcium (from Calcium Citrate) 500 mg	†
L-Isoleucine (Free-Form) 250 mg	†
L-Leucine (Free-Form) 250 mg	†

* Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.

Other ingredients: Organic Brown Rice Syrup Solids (complex carbohydrate), Dextrose, Fructose, Rice Malto-Dextrin, Citric Acid, Malic Acid, Natural Orange Flavor, Natural Citrus Flavor.

Distributed by NOW FOODS, 395 S. Glen Ellyn Rd, Bloomington, IL 60108 Made in the U.S.A. www.nowfoods.com Contains milk and soy derivatives. Contains no salt, yeast, wheat, gluten, egg or shellfish. This product is sold by weight not volume. Store in a cool, dry place. Please Recycle.

Sample Packet. Not for Resale. CODE 2052S